

Planning and Providing Quality Programming for Assisted Living Residents

Assisted Living Activity Programming Course

Approved by the **Virginia Department of Social Services- Division of Licensing Programs**
Meets the requirements of 22VAC 40-73-1120 F 5 of *Standards for Licensed Assisted Living Facilities*.

40-hour curriculum- Education for those managing or coordinating the structured activity program of the special care unit of an assisted living facility. Guides Activity Professionals for Assisted Living, including specialized memory care. Learn about enriching programming, improve planning and increase understanding of the needs of an aging population- including dementia-related changes.

Sessions held live via online ZOOM classrooms.
Computer audio AND video required.

Each session must be attended from beginning to end to earn training certificate. Please check dates carefully.

Summer 2026

July 17th, 22nd, 31st 8:30 am to 5:00 pm
August 5th, 12th 8:30 am to 5:00 pm

To register: Complete information below, scan this form to
jcleary@clearysconsulting.com

Facilitator: Judi Kelly Cleary, ADC, ALFA, CDP, CADDCT

Cost: \$285 for 40-hour program

Registration: please print clearly

Name: (to be used on certificate)

Title: _____

e-mail: _____

Company Name: _____

Address: _____

Phone (student): _____

Discount of \$50 per student is available for more than one student
a class from the same facility.

This course will explore the standards related to activities, both in typical Assisted Living settings and Special Care Units (Memory Care) in Assisted Living. Areas of focus:

- Types of adult group activities, various benefits, recognizing and assessing activity needs of residents.
- Understanding and supporting dementia and other types of cognitive impairment.
- Techniques to assist with communication and improve engagement.
- Behavior management approaches and therapeutic interventions.
- Calendar and program preparation and planning

Classroom materials will be provided prior to classes.
Certificate of Completion will be awarded after completing this course.