

MY CORONA VIRUS PROTOCOL

After months working in COVID-19 ICUs From NYC to El Paso, I picked up some true facts, something that has become scarce lately.

FIRST, I WAS PRAYED OVER BY INNUMERABLE CHRISTIAN INTERCESSORS AND PRAYED FOR MYSELF MANY TIMES DAILY. I ASKED FOR PROTECTION AND WISDOM CONSTANTLY. 1 Thessalonians 5:17 “Pray without ceasing”.

I also took:

Over-The-Counter (OTC): lots of fluids, tonic water (quinine without the hydroxyl-chlorine of Hydroxychloroquine) or sometimes Hydroxychloroquine 3 times a day; both work early only when taken with zinc, as quinine is an ionophore that merely shuttles zinc into the cell. Zinc is viricidal, but not quinine.

I have been prescribing Hydroxychloroquine for over 40 years for arthritis, parasites etc. I have never personally seen any cardiac dysrhythmia in thousands of patients over those four decades. It is over-the-counter in most of the world except here. West African countries such as Ivory Coast and Cameroon have not had any epidemic of Coronavirus since so much of that population is already on anti-malarials like Hydroxychloroquine, or anti-parasitics like Ivermectin.

I took ColdeEze lozenges every hour. Zicam nasal gels every 3-6 hours

Zinc Gluconate or sulfate etc. 220 mg three times daily

Liposomal vitamin C 10,000 mg or more a day (Earthen Brand on Amazon.com)

Liposomal oil of oregano (Hyssop Health) from www.HyssopHealth.com sprayed & inhaled it into the back of my throat 6X/day

also 4 sprays into any nebulizer treatment 2X/day (off-label use: NOT FDA approved.)

Daily multiple vitamins

I used Yerba Santa leaves made into a strong tea and nebulized two times/day helped me (this has been used to treat most pulmonary inflammation since the California Catholic missions in the 1500s.)

Hot air from a hair dryer up my nose (it did not hurt) hot bath, tub, or Jacuzzi to 104 degrees f. Into which I plunged my face and body for as long as I could tolerate it comfortably without drowning.

I did not treat my fevers as they are the body's way to kill viruses. But fevers were treated in tachycardic or otherwise unstable patients that I treat in the ICU. I took Lugo-tabs 12.5 mg daily (Lugol's Iodine)

www.hakalalabs.com

CBD Oil (www.zilis.com/drchuck) may have partially prevented the Coronavirus from attaching to my ACE II receptors. Marijuana is also reported as protective but I did not try it nor have I ever partaken of it.

Rx prescription meds:

Budesonide which is also called Pulmicort for inhalation with a nebulizer two times a day for 2 to 10 days.

Budesonide Inhalation, is a low-dose steroid that topically coats the airways and alveoli preventing EARLY cytokine “storm”. (It is NOT a meteorological event. It is rather a slaughter of good immune cells as they all rush into an ambush.) Budesonide was available to me by prescription in two strengths, each containing 2 mL: 0.25 mg/2 mL or 0.5 mg/2 ml. It was preferable for me in early COVID-19, rather than the standard massive doses of dexamethasone because it did not completely shut down my adrenal and immune systems and did not affect my blood sugar as adversely as dexamethasone, which might have been necessary later, had I not recovered so quickly on light-therapy and Zinc-Quinine.

ALMOST EVERYTHING WORKS EARLY & ALMOST NOTHING WORKS LATE IN COVID-19

A Z-pack or azithromycin was also effective when I got pneumonia.

(Both it and Hydroxychloroquine have been reports as dangerous for precipitating A-Fib, but azithromycin is far more likely to produce it. I have seen it cause A-fib hundreds of times but never have I seen Hydroxychloroquine cause it. Z-packs may be the single most common cause of new-onset atrial fibrillation. I did not get it.)

I did not go to the hospital because my pulse oximeter never got below 85% and I was not short of breath nor cyanotic.

Remdesivir was too expensive and would have trapped me in the hospital for IVs. It does not work much at all and never worked in any late stage COVID-19 cases I saw. Gilead Pharmaceuticals that made billions on Remdesivir, publishes a meta-analysis “study” of Hydroxychloroquine, that was later removed from The Lancet as fraudulent and misleading. This one rescinded cluster of biased meta-reviews is still cited by ignorant medical “professionals” to justify withholding a safe Over-The-Counter drug in most of the world.

Vitamin D3 in moderate doses decreases mortality by 77% from Covid-19 in many studies. I took it.

Convalescent plasma would have been effective for me had I not recovered so quickly, but I did not need it. I did use it at many COVID ICUs in multiple doses on most of my patients that survived. One unit was not enough. Anyone who has recovered from Coronavirus carries antibodies in their plasma. It is not rare, expensive, or dangerous. Millions of soldiers since WWI have been given plasma safely with no ill effects. Not so at Laredo Specialty COVID-19 Hospital, where I was discarded for daring to order Convalescent COVID-Antibody Plasma to protect an anemic, diabetic elderly man who had never been immunized nor had he gotten COVID-19 yet. Despite these risks he was admitted among my contagious COVID-19 patients a la Gov. Mario Cuomo’s NY nursing-home stunt. That is why hospitalization and the

mistakes that go with it are the most common cause of death in America. This little pamphlet kept thousands out of hospitals and off ventilators.

Polyclonal and Monoclonal Antibodies, like Regeneron, still work well, as it did for the real President, and Rudy Giuliani.

I took 2 aspirin daily and did not need Heparin, or Lovenox or any other anticoagulant that would have been necessary if blood clots had started to form. If all the coagulation factors get used up then the blood will not clot and a deadly condition of Disseminated Intravascular Coagulopathy or DIC sets in and bleeding into the lung airspace kills. I also did not get the expensive, dangerous exchange transfusion that sometimes works. Most people who die of Covid-19 succumb to an ordinary bacterial pneumonia or sepsis. Even in the Spanish Flu of 1918, a real pandemic that killed 50 million people, 94% of the deaths were from ordinary bacterial pneumonia and sepsis.

I have had good results with light frequency therapy, especially recently with Ultraviolet and Infrared light treatments but these modalities have been suspended and are still pending as of 7/21/2. Please stay tuned.

Other promising treatments may include:

Singular,

Ivermectin Rx 12 mg one-time dose by mouth is standard. Some doctors are using 12 mg twice a week for up to three weeks as prophylaxis. I do not recommend that much of this toxic drug just for prophylaxis. It may in Hartz Mountain Cat wormer, and sheep dip for wool parasites

Baricitinib: [https://www.thelancet.com/journals/laninf/article/PIIS1473-3099\(20\)30262-0/fulltext](https://www.thelancet.com/journals/laninf/article/PIIS1473-3099(20)30262-0/fulltext)

Dr. Mauric: mostly true <https://youtu.be/cy1kdZhXsP8>

(I disagree on unnecessary long term use of masks and a few other things. Very technical medical 1 hr. Video)

Cromolyn sodium, AKA Nasalcrom on Amazon.com & CVS (generally too expensive at CVS) I always tried www.goodRx.com first.

Singular (Montelukast) 10 mg daily etc. etc. etc. more coming.

FEAR NOT!

The word “PANDEMIC” may be rearranged to reveal its true motive: DAM PANIC !

MASKS work against the tiny coronavirus about as well as a chain-link fence keeps out mosquitoes.

Hand-washing and surface-cleaning with bleach, peroxide and UV light work much better.

Anti-“Social-Distancing” interferes with development of herd immunity. It is actually a “Divide-And-Conquer” tactic, that has prolonged this epidemic and has cruelly killed off the survivors. At no time in the history of epidemiology has a quarantine been imposed on

healthy people. How is it working out for your fortunes, mental health, or spiritual communion.

This little nugget of experience is only provided as a testimony of what I did and should not be considered medical advice. It is, however, sound biblical doctrine. Please see Jeremiah 33:3. Etc.

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