

## New Year Affirmations

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I am confident in my abilities.  
My potential is limitless.  
I embrace positivity & optimism.  
I feel balanced & grounded.  
I uphold the standards I set for myself.  
I attract opportunity.  
I will be present in every moment.  
My dreams are manifesting.  
I feel more & more healed every day.  
I am worthy of success..

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