

Self Love Affirmations

I am more than enough.
I am strong, beautiful, & confident.
I love the person I am becoming.
I choose to be happy.
The only approval I need is my own.
I allow myself to accept love.
I respect myself.
My potential is limitless.
I am unique.
I am ready to heal.
I refuse to beat myself up over mistakes.
I am worthy of good things.
I honor my body.
I am unafraid to succeed.
I am cheering for myself.

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