

# LADLE LUNCH MENU

## BAR SNACKS

- GARLIC & HERB DIPPING OIL, TOASTED ITALIAN BREAD |V|** 4  
**LEMON, HONEY & JALAPENO NUTS** 3  
**MIXED QUEEN OLIVES |VE|** 4  
**OAK SMOKED ALMONDS |VE|** 3

## SANDWICHES

- ITALIAN HAM & CHEESE** 7  
Parma ham, mozzarella, Ladle basil pesto & rocket in warm ciabatta
- VEGAN PLOUGHMAN'S |VE|** 7  
Smoked applewood, tomatoes, red onion, rocket & Ladle chipotle ketchup

## SOUP OF THE DAY

- SPICED BUTTERNUT & SWEET POTATO|VE|** 7  
served with bread & butter

## SIDES

- GARLIC BREAD** 4  
Italian bread, home made garlic butter  
*vegan available*
- GARLIC BREAD WITH MOZZARELLA** 5.5
- ROCKET & PARMESAN SALAD** 5.5  
Parmesan shavings, toasted pine nuts & balsamic glaze

## PASTA £10

- SPAGHETTI CARBONARA**  
pancetta, egg yolk, parmesan & pecorino, fresh black pepper
- BRAISED SHORT RIB RAGU**  
slow cooked short rib & red wine ragu, fresh pappardelle, herbs & parmesan **£2 surcharge**
- SMOKEY RED PEPPER & HARISSA**  
Roasted red pepper & harissa sauce, paccheri pasta, smoked almonds, feta & herbs | v, vegan on request |
- TAG & CHEESE |V|**  
3 cheese sauce, porcini mushroom, fresh tagliatelle, truffle oil & fresh herbs
- BASIL PESTO GNOCCHI |VE|**  
potato gnocchi, toasted pine nuts, rocket, pecorino or vegan feta

## SWEETS

- CHOCOLATE CHIP & WALNUT BANANA BREAD |GF, VE|** 4
- WHITE CHOCOLATE & RASPBERRY BROWNIE |GF|** 3.5  
have it warm with vanilla ice cream + 3
- AFFOGATO |V|** 6.5  
Vanilla Ice Cream, Freshly Brewed Espresso

*Gluten Free, Vegan Gnocchi & Penne available on request + 1.0*

*Extra Parmesan + 0.5*

# DRINKS

## COFFEE

Double Espresso	2.5
Macchiato	2.6
Americano	2.8
Flat White	3.2
Cappuccino	3.2
Latte	3.5
Chai Latte	3.5
Hot Chocolate	3.3
Mocha	3.5
Iced Latte	3.6
+ Extra Shot Espresso	50p
+ Caramel Syrup	50p
+ Oat, Almond or Coconut Milk	40p

## SOFT DRINKS

Folkington's 250ml	3.5
Pure Squeezed Orange	
Pure Pressed Cloudy Apple	
San Pellegrino 330ml	3.0
Limonata	
Aranciata Rosso	
Melograno & Arancia	
Coca Cola or Diet Coke 330ml	3.5
Southdown Mineral Water 750ml	5.0
Still or Sparkling	
Hastings Booyah Vitality Kombucha	4.2
Lemon & Ginger	
Blackcurrant & Moringa	

## BREW TEA CO. 2.8

English Breakfast | Earl Grey  
Fresh Mint | Lemon & Ginger  
Apple & Blackberry | Chamomile  
Decaff English Breakfast

WHITE WINE	125ML	175ml	BTL
Vina Palomeras Blanco <i>Spain</i>	6	7.5	24
Cloud Rock, Sauvignon Blanc <i>Chile</i>	7	8.5	27
Bio 3 Passo, Unoaked Chardonnay <i>Italy</i>	8.5	9.8	35

RED WINE	125ML	175ml	BTL
Lou Magret, Grenache Merlot <i>France</i>	6	7.5	24
Rothschild, Pinot Noir <i>France</i>	7	8.5	27
Franschhoek, Cabernet Sauvignon <i>South Africa</i>	8.5	9.8	35

ROSE WINE	125ML	175ml	BTL
Virtuoso Primitivo Rosado <i>Italy</i>	6	7.5	24
Rose, Domaine de Pellehaut <i>France</i>	7	9.8	27

BUBBLY	125ML	175ml	BTL
Prosecco, Primi Soli, <i>Italy</i>	7	-	27

## BOTTLED BEER

Moretti / Punk IPA 330ml	5
Moretti 0.0%	4.5