

LADLE LUNCH MENU

12PM - 3.30PM

BAR SNACKS

GARLIC & HERB DIPPING OIL, TOASTED ITALIAN BREAD |V| 4

LEMON, HONEY & JALAPENO NUTS 3

MIXED QUEEN OLIVES |VE| 4

OAK SMOKED ALMONDS |VE| 3

SANDWICHES

ITALIAN HAM & CHEESE 7

Parma ham, mozzarella, Ladle basil pesto & rocket in warm ciabatta

VEGAN PLOUGHMAN'S |VE| 7

Smoked applewood, tomatoes, red onion, rocket & Ladle chipotle ketchup

SOUP OF THE DAY

ROASTED RED PEPPER & MIXED SEEDS |VE| 7

served with bread & butter

SIDES

GARLIC BREAD 4

Italian bread, home made garlic butter
vegan available

GARLIC BREAD WITH MOZZARELLA 5.5

ROCKET & PARMESAN SALAD 5.5

Parmesan shavings, toasted pine nuts & balsamic glaze

PASTA £10

SPAGHETTI CARBONARA

pancetta, egg yolk, parmesan & pecorino mix, ground black peppercorn

BRAISED SHORT RIB RAGU

slow cooked short rib & red wine ragu, fresh pappardelle, herbs & parmesan **£2 surcharge**

SMOKEY RED PEPPER & HARISSA

Roasted red pepper & harissa sauce, paccheri pasta, smoked almonds, feta & herbs
| v, vegan on request |

TAG & CHEESE |V|

3 cheese sauce, porcini mushroom, fresh tagliatelle, truffle oil & fresh herbs

BASIL PESTO GNOCCHI |VE|

potato gnocchi, toasted pine nuts, rocket, pecorino or vegan feta

SWEETS

CHOCOLATE CHIP & WALNUT BANANA BREAD |GF, VE| 4

WHITE CHOCOLATE & RASPBERRY BROWNIE |GF| 3.5
have it warm with vanilla ice cream + 3

AFFOGATO |V| 6.5

Vanilla Ice Cream, Freshly Brewed Espresso

Gluten Free, Vegan Gnocchi & Penne available on request + 1.0

Extra Parmesan + 0.5

gf - gluten free | df - dairy free | v - vegetarian | ve - vegan

DRINKS

COFFEE

Double Espresso	2.5
Macchiato	2.6
Americano	2.8
Flat White	3.2
Cappuccino	3.2
Latte	3.5
Chai Latte	3.5
Hot Chocolate	3.3
Mocha	3.5
Iced Latte	3.6

- + Extra Shot Espresso 50p
- + Vanilla or Caramel Syrup 50p
- + Oat, Almond or Coconut Milk 40p

SOFT DRINKS

Folkington's 250ml	3.5
Pure Squeezed Orange	
Pure Pressed Cloudy Apple	
San Pellegrino 330ml	3.0
Lemon	
Blood Orange	
Orange & Pomegranate	
Coca Cola or Diet Coke 330ml	3.5
Southdown Mineral Water 750ml	5.0
Still or Sparkling	
Ladle Cold Brew Lychee &	3.0
Peach Iced Tea	

BREW TEA CO. 2.8

English Breakfast | Earl Grey
Fresh Mint | Lemon & Ginger
Apple & Blackberry | Chamomile
Decaff English Breakfast

WHITE WINE

	125ML	175ml	BTL
Capriano Pinot Grigio [ve] <i>Sicily, Italy</i>	6	7.5	24
Rupe Secca Grillo [ve] <i>Sicily, Italy</i>	7	8.5	26
Bio3 Passo, Unoaked Chardonnay [ve] <i>Veneto, Italy</i>	8.5	9.8	35

RED WINE

	125ML	175ml	BTL
Amanti del Vino Sangiovese <i>Puglia, Italy</i>	6	7.5	24
Rupe Secca Nero D'Avolo [ve] <i>Sicily, Italy</i>	7	8.5	26
Chianti DOCC Duca di Saragnano <i>Tuscany, Italy</i>	8.5	9.8	35

ROSE WINE

	125ML	175ml	BTL
Virtuoso Pink Zinfandel [ve] <i>Puglia, Italy</i>	6	7.5	24
Rose, Domaine de Pellehaut [ve] <i>Cotes de Gascogne, France</i>	7	9.8	27

BUBBLY

	125ML	175ml	BTL
Amori Prosecco Spumante [ve] <i>Veneto, Italy</i>	7	-	27

BOTTLED BEER

Moretti / Brewdog Punk IPA 330ml	5
Moretti 330ml 0.0%	4.5