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## BRUNCH

10 am - 4.30 pm

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SOURDOUGH TOAST with Butter |V| 3.0  
+ Hastings Honey 0.6  
+ Ladle's Jam 0.5  
+ Ladle's Thyme Marmalade 0.6

LADLE GRANOLA |gf, V| 5.9  
With Yoghurt, Seasonal Fruits, Hastings Honey

CREAMY SPINACH |V| 7.6  
Toasted Sourdough, Braised Portobello Mushroom,  
Sous-Vide Egg, Mixed Seeds, Basil Oil

CARAMELISED BANANA |V| 7.1  
Toasted Brioche, Yoghurt, Cinnamon, Hastings Honey

SOUS-VIDE SCRAMBLED EGGS |V| 6.1  
Toast, Basil Oil & Ladle's Tomato Chutney  
+ Flaked Smoked Salmon 1.8  
+ Avocado 1.5  
+ Chorizo 1.5

SOUS-VIDE CRAB SCRAMBLED EGGS 7.8  
Toast, Spring Onion, Chive Oil & Lemon Dressing  
+ Avocado 1.5

AVOCADO SALAD BOWL |gf, df, ve| 6.9  
Avocado, Mixed Leaves, Radishes, Tomatoes, Spring  
Onions, Mixed Seeds, Basil Oil  
+ Flaked Smoked Salmon 1.8  
+ Chorizo 1.5  
+ Sous-Vide Egg 1.2



LADLE'S HANGOVER  
BLOODY MARY 7.5



# LADLE



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## WAFFLES

10 am - 4.30 pm

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COURGETTE WAFFLES |df, gf, ve| 7.0  
Ladle's Sweetcorn Relish, Salad, Chilli Dressing  
+ Sous-Vide Egg 1.2  
+ Avocado 1.5

FLAKED SMOKED SALMON |df, gf| 8.0  
Courgette Waffles, Avocado & Lemon Dressing  
+ Sous-Vide Egg 1.2

LADLE'S BAKED BEANS |df, gf, V| 6.8  
Hash Brown Waffles & Green Leaves  
+ Chorizo 1.5  
+ Sous-Vide Egg 1.2

BBQ PULLED PORK |gf| 9.6  
In Two Hash Brown Waffles, Melted Cheddar,  
Red Onion, Jalapeño, Salad & Ladle's Sweetcorn Relish  
+ Chorizo 1.5

\* *Gluten free bread available on request*  
gf - Gluten Free | df - Dairy Free | V - Vegetarian | ve - Vegan

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## TO SHARE

all day

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Mixed Queen Olives 3.7  
Bread & Homemade Smoked Garlic Butter 3.8  
Sun-Kissed Tomatoes & Feta/Vegan Feta 4.0  
White Bean & Roast Garlic Hummus 5.0  
Bread & Olive Oil 3.6

### SUSSEX CHEESE BOARD

Brighton Blue, Sussex Brie, Smoked Mayfield, Sussex  
Charmer, Golden Cross Soft Goat's Cheese  
For One 10.8  
For two 19.5

### CHARCUTERIE BOARD

Bresaola, Milano Salami, Prosciutto, Pastrami,  
Chorizo Vela  
For One 10.8  
For Two 19.5

### VEGAN BOARD

Applewood, Blue Sheese, Homemade Cashew  
Cheese, Hummus of the day & Queen Olives  
For One 10.3  
For Two 18.5

*All boards are served with Ciabatta, Butter,  
Radishes, Walnuts, Celery & Ladle's Chutney*

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## ON THE COUNTER

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LADLE'S BANANA BREAD |gf,ve| 3.8  
CROISSANT 2.0  
+ Ladle's Jam 0.5  
PORTUGUESE CUSTARD TART 2.3  
CHOCOLATE CHIP COOKIE 2.0