

BRUNCH

10 am - 4.30 pm

SOURDOUGH TOAST with Butter (V)	3.0
+ Hastings Honey	0.6
+ Ladle's Jam	0.5
+ Ladle's Thyme Marmalade	0.6
LADLE PORRIDGE BOWL df, ve	5.9
Cherry, Dark Chocolate, Coconut Chips & Berries	
SMASHED AVOCADO on TOAST (V)	6.3
Mixed Seeds, Green Leaves & Radishes	
+ Sous-Vide Egg	1.2
BEETROOT HUMMUS ve	7.0
On Sourdough Toast, Feta & Walnuts, Leaves	
SOUS-VIDE SCRAMBLED EGGS (V)	5.9
Toast, Basil Oil & Ladle's Tomato Chutney	
+ Avocado	1.5
+ Chorizo	1.5
+ Hot Smoked Salmon	1.8
SOUS-VIDE CRAB SCRAMBLED EGGS	
Toast, Spring Onion, Chive Oil & Lemon Dressing	7.8
+ Avocado	1.5
AVOCADO SALAD BOWL gf, df, ve	6.8
Avocado, Mixed Leaves, Radishes, Tomatoes, Spring Onions, Mixed Seeds, Basil Oil	
+ Chorizo	1.5
+ Hot Smoked Salmon	1.8
+ Sous-Vide Egg	1.2

Gf bread & porridge available on request



LADLE



TO SHARE

OLIVE ANTIPASTO	3.5
BREAD & OLIVE OIL	3.5
BREAD & HOMEMADE SMOKED GARLIC BUTTER	3.7
SUSSEX CHEESE BOARD	
Brighton Blue, Sussex Brie, Burwash Rose, Sussex Charmer, Willow's Soft Goat	
For One	9.1
For two	17.2
CHARCUTERIE BOARD	
Bresaola, Milano Salami, Prosciutto, Pastrami, Hungarian Salami	
For One	9.6
For Two	17.8

WAFFLES

10 am - 4.30 pm

THE SAVORY ONES

COURGETTE WAFFLES df, gf, ve	7.0
Sweetcorn Relish, Salad, Chilli Dressing	
+ Sous-Vide Egg	1.2
SMOKED SALMON gf	8.0
Courgette Waffles, Avocado & Lemon Dressing	
+ Sous-Vide Egg	1.2
LADLE'S BAKED BEANS df, gf, (V)	6.8
Hash Brown Waffles & Green Leaves	
+ Chorizo	1.5
+ Sous-Vide Egg	1.2

THE SWEET ONES

SUPER FRUIT	6.8
Fresh Fruit, Yoghurt, Hastings Honey & Seeds	
BERRIES & CREAM	6.5
Ice Cream of the Day & Ladle's Fruit Coulis	

Once seated, please fill out our form at
www.ladlehastings.co.uk/test-and-trace
Or scan the nearest NHS QR code. Thank you



LADLE'S HANGOVER
 BLOODY MARY 7.5