

WED-FRI LUNCH MENU

12PM-3.30PM

BAR SNACKS

- LEMON & JALAPENO NUT MIX 3
- OAK SMOKED ALMONDS 3
- MIXED QUEEN OLIVES |ve| 4
- GARLIC BREAD - vegan available 4
- + ADD MOZZARELLA 1.5

SOUP OF THE DAY

6

GOLDEN SOUP

cauliflower, cashew, turmeric & mixed seeds

SIDE BREAD & BUTTER 1.0

SANDWICHES

ITALIAN HAM & CHEESE 6

prosciutto, mozzarella, home made basil pesto, tomato & rocket

VEGAN PLOUGHMAN'S |VE| 6

smoked applewood cheese, chipotle ketchup, tomato, red onion & rocket

PASTA £10

SPAGHETTI CARBONARA

pancetta, egg yolk, parmesan & pecorino, fresh black pepper

BRAISED SHORT RIB RAGU £2 surcharge

slow cooked short rib & red wine ragu, fresh pappardelle, herbs & parmesan

AUBERGINE & RICOTTA |V| add pancetta + £2

in rich tomato sauce, fresh tagliatelle & fresh herbs

TAG & CHEESE |V|

3 cheese sauce, porcini mushroom, fresh tagliatelle, fresh herbs

BASIL PESTO GNOCCHI |VE|

potato gnocchi, toasted pine nuts, rocket, pecorino or vegan feta

Gluten Free, Vegan Gnocchi & Penne available on request + 1.0

Extra Parmesan + 0.5

SWEETS

CHOCOLATE CHIP & WALNUT BANANA BREAD |GF, VE| 4

WHITE CHOCOLATE & RASPBERRY BROWNIE |GF| 3.5

have it warm with vanilla ice cream + 3

AFFOGATO - Vanilla Ice Cream, Freshly Brewed Espresso |V| 6.5

DRINKS

COFFEE

Double Espresso	2.5
Macchiato	2.6
Americano	2.8
Flat White	3.2
Cappuccino	3.2
Latte	3.5
Chai Latte	3.5
Hot Chocolate	3.3
Mocha	3.5
Iced Latte	3.6
+ Extra Shot Espresso	50p
+ Caramel Syrup	50p
+ Oat, Almond or Coconut Milk	40p

SOFT DRINKS

Folkington's 250ml	3.5
Pure Squeezed Orange	
Pure Pressed Cloudy Apple	
San Pellegrino 330ml	3.0
Limonata	
Aranciata Rosso	
Melograno & Arancia	
Coca Cola or Diet Coke 330ml	3.5
Southdown Mineral Water 750ml	5.0
Still or Sparkling	
Hastings Booyah Vitality Kombucha	4.2
Lemon & Ginger	
Blackcurrant & Moringa	

BREW TEA CO. 2.8

English Breakfast | Earl Grey
Fresh Mint | Lemon & Ginger
Apple & Blackberry | Chamomile
Decaff English Breakfast

WHITE WINE	125ML	175ml	BTL
Vina Palomeras Blanco <i>Spain</i>	6	7.5	24
Cloud Rock, Sauvignon Blanc <i>Chile</i>	7	8.5	27
Bio 3 Passo, Unoaked Chardonnay <i>Italy</i>	8.5	9.8	35

RED WINE	125ML	175ml	BTL
Lou Magret, Grenache Merlot <i>France</i>	6	7.5	24
Rothschild, Pinot Noir <i>France</i>	7	8.5	27
Franschhoek, Cabernet Sauvignon <i>South Africa</i>	8.5	9.8	35

ROSE WINE	125ML	175ml	BTL
Virtuoso Primitivo Rosado <i>Italy</i>	6	7.5	24
Rose, Domaine de Pellehaut <i>France</i>	7	9.8	27

BUBBLY	125ML	175ml	BTL
Prosecco, Primi Soli, <i>Italy</i>	7	-	27

BOTTLED BEER

Moretti / Punk IPA 330ml	5
Moretti 0.0%	4.5