GUIDELINES FOR MASS CASUALTY TRIAGE

John Prickett, RN Concord Hospital, Laconia and Franklin EMS and Emergency Preparedness Coordinator (retired)

Objectives

- Discuss differences between daily & disaster triage
- Understand the SALT mass casualty triage method
- Define Multiple Patient Incident (MPI)
- Define Multiple Casualty Incident (MCI)
- Define Incident Command System (ICS)
- Review the SALT triage method

GOALS & PURPOSE

- The goal of this Mass Casualty Incident Program is to increase readiness to respond, triage, and treat patients arising from a multiple patient or mass casualty incident.
- The purpose of *Initial Triage Training* is to introduce responders to a triage method called *S.A.L.T.* Methods.
 - Sort-Assess-Lifesaving
 Interventions-Triage/Treatment

What is Triage?

- French verb "trier" meaning "to sort"
- Assign priority when resources limited
 Someone has to go last
- Greatest good for greatest number



Multiple Casualty Incident

 Definitions vary from one community and one hospital to another, it may be described as an incident that reduces the effectiveness of the traditional medical response because of number of patients, special hazards, or difficult rescue







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"I knew it was time to simplify our organization when we started creating acronyms for our acronyms."

Multiple Casualty Incident

- Low Impact Incident
 Manageable by local emergency personnel
- High Impact Incident
 Stresses local EMS, Fire, Hospital, and Police resources
- Disaster, Terrorism Incident
 - Overwhelms regional emergency response resources



Incident Command System

- The Incident Command System is a standardized, on scene, all-hazard management concept
- The ICS is flexible and can grow or shrink to meet the needs of the incident
- The ICS has a top-down organizational structure which begins when the first responder on the scene becomes the first Incident Commander and expands as necessary
- The Casualty Care Branch of ICS involves the designation and coordination of elements such as triage, treatment, transport, staging, rehab, etc.

Incident Command System

Example of a Low Impact Incident
 MVC with multiple injuries, entrapment



* Providers need to fully understand their agencies Command and Control Policies

Incident Command System

Example:

Note: Sections have been omitted for the purpose of illustration.

High Impact Incident (Unified Command)









History of Triage

- Concept: Dominique Jean Larrey
 Surgeon-in-chief Napoleon's Army
- 200 years later...
 - Dozens of systems
 - Many types of triage labels/tools
 - No standardization for mass casualty triage in United States



What is Triage?

- "Triage" means "to sort"
- Looks at medical needs and urgency of each individual patient
- Sorting based on limited data acquisition
- Also must consider resource availability

- **Disaster Triage The Problems** •Scene response is chaotic by definition
- Bystander assistance, interference, and <u>pressures</u>
- Secondary threats
- Multi-jurisdictional response
- Civil/Military Interface



Eric Auf der Heide, "The First 72 Hours"

Initial care from bystanders

Bystander Search & Rescue

Earthquake, San Fran., CA1989

Flash Flood, TX 1979 Murrah Fed Bld Bombing, 1995 Tornado Wichita Fall, Tx 1979

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What's Unique About Mass Casualty Triage

- Number of patients
- Infrastructure limitations
 - Providers
 - Equipment
 - Transport capabilities
 - Hospital resources
- Scene hazards
 - Threats to providers
 - Decontamination issues
 - Secondary devices, unsafe structures





And it looks like this...



No- It Looks Like This

Virginia Tech, 2007

Or It Looks Like This

Bam Iran 2003

Or Like This

Tuscaloosa, Al 2011 64 dead in Tuscaloosa 340 dead in State



AHEM ... I UNDERSTAND YOU ARE THE TRIAGE OFFICER?



Development of SALT

- Part of CDC sponsored project to develop national standard for mass casualty triage
- Assembled list of current triage methods
 - Research evidence
 - Practical experience
- Compared features of each system
- No one system supported by evidence

Triage Systems reviewed by CDC

- CareFlight
- French Red Plan or ORSEC
- Glasgow Coma Scale
- Homebush
- Italian CESIRA
- JumpSTART (pediatric)
- MASS
- Military/NATO Triage
- Sacco
- START (Simple Triage and Rapid Treatment)
- Triage Sieve

Development Process

- Compared features of each system
- Developed SALT Triage Guideline using best of all systems
- Sort Assess Life Saving Interventions Treatment/Transport
- Based on best evidence available
- Concept endorsed by: ACEP, ACS-COT, ATS, NAEMSP, NDLSEC, STIPDA, FICEMS

Why change from "START Triage"?

- 60 seconds/patient is far too slow
- Physiologic criteria never validated
- Real world use limited and suggests system not used even if taught due to assessment time
- Assessment process may delay LSI for those who are distant from initial assessment location
- Lack of expectant category

Consensus Findings

- Global Sorting
- Focus on Life Saving Interventions
- Best evidence supports use of Mental Status, and Systolic BP as triage criteria
- Simple
- Rapid
- Inexpensive
- Use NATO triage categories plus dead

SALT Triage

- Sort Assess Life Saving Interventions Treatment/Transport
- Simple
- Easy to remember
- Groups large numbers of patients together quickly
- Applies rapid life-saving interventions early

SALT Triage

- Can be used whenever number of patients exceeds treatment or transport resources
- Same process (except one Life Saving Intervention (LSI)) for adult and pediatric patients

SALT/MCI General Principles

- Move as quickly as possible
- Begin transports of RED patients as soon as feasible, BUT don't neglect processes (triage, allocation of patients to hospitals, command, etc.)
- Triage Ribbons 1st, then Tags at the Triage Area or Transport Area
- Over-triage can be as harmful as under-triage

TRANSPORT Group/Unit)

- Crucial to overall success in MCI
- Must ensure secondary triage prior to transport
- Must ensure triage tag application prior to transport
- Responsible (with Treatment Group) for assigning priorities for transport

TRANSPORT Group/Unit

Must ensure appropriate hospital allocations
 Do NOT relocate the disaster to the hospital.
 Use non-Trauma Center and more distant hospitals as needed

Orange ribbons

- Indicate contaminated patients
- Remove during decon
 - EMS always has responsibility for performing primary decontamination prior to transport
 - ALWAYS notify hospital of contaminated patients

SALT Mass Casualty Triage





Global Sorting: Action 1

Action:

 "Everyone who can hear me please move to [designated area] and we will help you"
 Use loud speaker if available

Goal:

Group ambulatory patients using voice commands

Result:

Those who follow this command - last priority for individual assessment
Global Sorting: Action 2

Action:

"If you need help, wave your arm or move your leg and we will be there to help you in a few minutes"

Goal:

Identify non-ambulatory patients who can follow commands or make purposeful movements

Result:

Those who follow this command - second priority for individual assessment

Global Sorting Result

- Casualties are now prioritized for individual assessment
 - Priority 1: Still, and those with obvious life threat
 - Priority 2: Waving/purposeful movements
 - Priority 3: Walking

Global Sorting Result

- Lots of possibilities could cause lack of response to Global Sorting:
 - Mom could walk with an unconscious child
 - Husband may refuse to leave wife's side
 - Patient with AMI may walk
- Global Sort is merely first step
 ALL must be individually assessed as soon as possible.

Global Sorting Result

- Next step:
- Assess all non-ambulatory victims where they lie and provide the four LSIs as needed
 - Only if within your Scope of Practice, training, authorization
 - Only if you have the equipment readily available (e.g., you would not return to the rig to get an NPA)
- Triage as quickly as possible

SALT Mass Casualty Triage





Triage Categories ID-MED

Immediate
Delayed
Minimal
Expectant

Black (Ribbon/Tag may be black or zebra-striped)



Dead

- Patient not breathing after opening airway
 In Children, consider two rescue breaths
 If still not breathing must tag as dead
- Tag/ribbon dead patients to prevent re-triage
- Do not move
 - Except to obtain access to live patients
 - Avoid destruction of evidence
- If breathing conduct the next assessment

Immediate

- Serious injuries
- Immediately life threatening problems
- High potential for survival
- Examples
 - Tension pneumothorax
 - Exposure to nerve agent
 - Severe shortness of breath or seizures





Immediate

- No to any of the following
 - Follows commands or makes purposeful movements?
 - Has a peripheral pulse?
 - Not in respiratory distress?
 - Hemorrhage is controlled?
- Likely to survive given available resources

Mnemonic for Assess questions

- C Follows <u>C</u>ommands
- R No <u>R</u>espiratory Distress
- A No (uncontrolled) <u>A</u>rterial bleeding
- P <u>Peripheral Pulse Present</u>
- "Bad" answer to any one or more: Patient is either Red or Grey

Expectant

- NO to any of the following
 - Follows commands or makes purposeful movements?
 - Has a peripheral pulse?
 - Not in respiratory distress?
 - Hemorrhage is controlled?
- <u>Un</u>likely to survive given available resources

Question for Medical Personnel

- How many staff does it take to "work a code (cardiac arrest patient)?
- What is the predicted outcome for "Trauma" cardiac arrest?
- Can you use your limited resources for this patient at this time.
- (Prison fire story)

Expectant

- New category to our system.
- Way to preserve resources by taking care of those who are more likely to survive
- Serious injuries
 - Very poor survivability even with maximal care in hospital or pre-hospital setting
 - Most of these patients unlikely to survive in best of circumstances
- Examples:
 - 90% BSA Burns
 - Multi-trauma patient with brain matter showing

Expectant

DOES NOT MEAN DEAD!

- Means the patient is unlikely to survive given current resources
- Important for preservation of resources
 - Delay treatment and transport until more resources, field or hospital, are available
 - If delays in the field, consider requesting orders for palliative care, e.g., pain medications, if time and resources allow



- Serious injuries
 - Require care but management can be delayed without increasing morbidity or mortality
- Examples
 - Long bone fractures
 - 40% BSA exposure to Mustard gas





- Yes ("not Bad") to all of the following:
 - Follows commands or makes purposeful movements?
 - Has a peripheral pulse?
 - Not in respiratory distress?
 - Hemorrhage is controlled?
- Injuries are not Minor and require care



- Serious injuries that need care, but can be delayed with minimal mortality or morbidity risk
- On secondary triage, some of these will be higher priorities for transport than others:
 - Myocardial infarction (MI) with no dyspnea (shortness of breath) over long-bone fracture with good distal Pulse, Motor, Sensation (PMS)
 - Patient with tourniquet over patient with minor bleeding



Yes to all of the following

- Follows commands or makes purposeful movements?
- Has a peripheral pulse?
- Not in respiratory distress?
- Hemorrhage is controlled?
- Injuries are Minor



- Injuries require minor care or no care
- Examples
 - Abrasions
 - Minor lacerations
 - Nerve agent exposure with mild runny nose



Photo source: Phillip L. Coule, MD

Treatment Unit

- Determine location for treatment area
- Coordinate with the Triage unit to move patients from the triage area to treatment areas
- Establish communication with Incident Command
- Reassess patients, conduct secondary triage to match patient with resources
- Direct movement to ambulance loading area



Identifying Patient Status

- Begin with Triage Ribbons
- Add Triage Tags at Treatment Area <u>or</u> <u>at point of transport</u>
- Right wrist for both Ribbon and Tag



TRIAGE IS A DYNAMIC PROCESS AND IS USUALLY DONE MORE THAN ONCE.



Triage Tag

- Alerts care providers to patient priority
- Prevents re-triage of the same patient
- Serves as a tracking system



RUN OUT OF TRIAGE TAGS, BILL?



After Patients are Categorized

- Prioritization process is dynamic
 - Patient conditions change
 - Correct misses
 - Resources change
- After care/transport has been given to immediate patients
 - Re-assess expectant, delayed, or minimal patients
 - Some patients will improve and others will decompensate

Priority

- In general, treat/transport immediate patients first
 - Then Delayed
 - Then Minimal
- Treat/transport expectant patients when resources permit
- Efficient use of transport assets may include mixing categories of patients and using alternate forms of transport

Case Study Seat-of-your-pants Tabletop

- Multiple Gunshot Wounds (GSW) at Local Sporting Event
 - You and partner respond (one ambulance)
 - 10 casualties
 - What are the issues that need to be addressed?

Initial considerations DISASTER

- Detection
 - Multi-Casualty event
 - Needs are greater than resources
- Incident Command
 - Who is the incident commander
- Scene Safety/Security
 - Active shooter?
 - Secondary devices?

Initial Considerations

- Assess Hazards
 - Penetrating trauma
- Support
 - Law enforcement, additional EMS, medical control, trauma center, community hospitals, supplies
- Triage/Transport/Treatment
- Recovery

Initial Sorting of Patients

Walk

- 2 patients
- Wave
 - 3 patients (one with obvious severe hemorrhage)
- Still
 - **5** patients

Still

Immediate

• 29 yr male

GSW left chest, radial pulse present, severe respiratory distress

• 8 yr female

Expectant

• GSW head (through and through), visible brain matter, respiratory rate of 4, radial pulse present

• 50 yr male

Dead

GSW to abdomen, chest, and extremity, no movement or breathing

Still - cont.

• 40 yr female

Immediate

 GSW to right upper chest with fast respirations, marked respiratory distress, JVD present, radial pulse present

Consider needle decompression

16 yr male
GSW right chest. No respiratory effort



Waving

14 year male



 GSW right upper extremity, active massive hemorrhage, good pulses

**after tourniquet LSI

- 65 year male
 - severe chest pain, diaphoretic, obvious respiratory distress, no obvious GSW
 MMEDIATE
- 22 year female
 - GSW right lower extremity, good pulses, no active bleeding
 DELAYED

Walked

• 29 yr male

Minimal

- Superficial GSW in the skin of left upper extremity
- 37 yr male

Delayed

GSW left hand. Exposed muscle, tendon and bone fragments, peripheral pulse present

What next?

- Another ambulance arrives and transports 2 of your immediate patients
- Your partner is providing care to the other immediate patient
 - What do you do next?
 - Re-assess
E Brooke Lerner, Richard B. Schwartz, Phillip L. Coule, Ronald G. Pirrallo Determination of Field Providers Opinions of SALT Triage Prehospital Emergency Care Volume 13, Number 1, pp. 114, January/March 2009

• 43 trainees participated in the course

• 16 MD, 10 RN, 5 EM, 5 PA, 3 Pharmacist, 4 Other

- Prior to the drill one-third did not feel confident using SALT Triage
- After the drill all felt confident using SALT Triage
 - 30% were at the same level of confidence
 - 70% felt more confident
 - none felt less confident
- Before the drill more than half thought SALT was easier to use than their current disaster triage protocol
- After the drill:
 - 85% did not change how easy they felt SALT Triage was to use
 - 13% thought it was easier to use then they had thought
 - 2% thought it was harder then they had thought
- Conclusion: Providers receiving a 30 minute training session in SALT Triage felt confident using it. They also felt that SALT Triage was similar or easier to use than their current triage protocol. Using SALT Triage during a simulated mass casualty incident improved trainee confidence.



- SALT TriageGlobal Sort
 - Individual Assessment
 Life Saving interventions
 Assign Category

Questions?



