

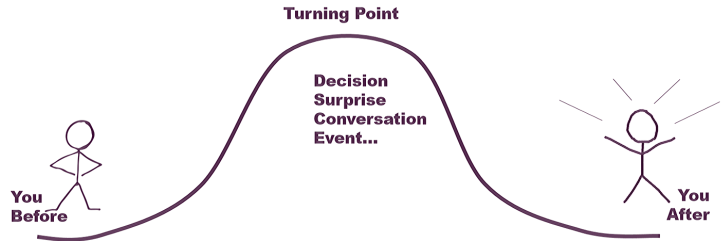


# Turning Point Inventory Guide

A Turning Point is a time at which an important change takes place which affects the future of a person or thing. Use this guide to help you properly identify three turning points in your life.



A Turning Point can be an accomplishment, disappointment, a surprise, death or illness, meeting someone, a conversation. They can be negative or positive, grand or mundane. You can use these turning points to develop powerful story arcs that can be used as ways to begin conversations, events, keynotes, workshops.



## 1 What happened?

Was it an event, meeting someone or a conversation?

---

---

## 2 Who was involved?

Describe the characters in great detail. Their age, hair, mannerisms, what they are wearing. Since this involves you, describe yourself at the moment you experienced the turning point. So if it was you at age 7, describe that person.

---

---

---

---

---

---

---

## 3 Describe the environment

In the same way you described the characters, describe the environment at that moment. Was it indoors or outdoors? Was it really hot or really cold. Was it raining? Was it eerily cold. What colors did you see? Was there a painting you remember seeing hung on the wall. Details are gold here.

---

---

---

---

---

---

---

## 4 How did you feel?

How did you feel? What emotions were you experiencing at the moment. Were you sad, mad? Were you crying? Were you grieving or confused? Being able to accurately channel these emotions will serve you well as you continue to develop your story.

---

---

---

---

---

---

---