### Semax

This document is for informational purposes only and is based on currently available research. Semax is sold for research purposes only and is not intended for human consumption. This summary does not constitute medical advice.

Compound: Semax

Typical Vial Dosage: 10mg per vial (unless otherwise specified)

Reconstitution Volume: 3cc bacteriostatic water

### **Overview Based on Current Research**

Semax is a synthetic peptide derived from adrenocorticotropic hormone (ACTH) and is studied for its potential nootropic, neuroprotective, and neurogenic effects. Research suggests it may enhance cognitive function, improve mood, protect against oxidative stress, and reduce inflammation. It has been studied for recovery post-stroke, ADHD, and anxiety-related disorders.

### **Suggested ChatGPT Prompt**

"Please summarize current research on Semax, 10mg vial reconstituted with 3cc bac water. Goal: cognitive enhancement and inflammation control. What are best practices based on existing studies? Please ask any clarifying questions before generating recommendations."

### Selank

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Compound: Selank

Typical Vial Dosage: 10mg per vial (unless otherwise specified)

Reconstitution Volume: 3cc bacteriostatic water

### **Overview Based on Current Research**

Selank is a synthetic peptide with anxiolytic and nootropic properties, derived from the naturally occurring tetrapeptide tuftsin. Research suggests Selank may promote antianxiety effects, support immune modulation, improve cognitive performance, and regulate mood. It has also shown promise in reducing inflammation and supporting neurological function.

## **Suggested ChatGPT Prompt**

"Please summarize current research on Selank, 10mg vial reconstituted with 3cc bac water. Goal: mood regulation and cognitive clarity. What are best practices based on existing studies? Please ask any clarifying questions before generating recommendations."

## PT-141 (Bremelanotide)

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Compound: PT-141 (Bremelanotide)

Typical Vial Dosage: 10mg per vial (unless otherwise specified)

Reconstitution Volume: 3cc bacteriostatic water

### **Overview Based on Current Research**

PT-141 is a synthetic peptide developed from the melanocortin receptor agonist family. It is studied for its effects on libido, sexual function, and arousal, particularly in cases of erectile dysfunction and female sexual arousal disorder. Unlike PDE5 inhibitors, PT-141 acts on the central nervous system. Research suggests rapid onset and systemic arousal effects without impacting vascular pressure.

### **Suggested ChatGPT Prompt**

"Please summarize current research on PT-141, 10mg vial reconstituted with 3cc bac water. Goal: sexual arousal enhancement. What are best practices based on existing studies? Please ask any clarifying questions before generating recommendations."

# SS-31 (Elamipretide)

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Compound: SS-31 (Elamipretide)

Typical Vial Dosage: 10mg per vial (unless otherwise specified)

Reconstitution Volume: 3cc bacteriostatic water

### **Overview Based on Current Research**

SS-31 is a mitochondria-targeting peptide studied for its potential to improve mitochondrial function and reduce oxidative damage. Research suggests benefits in cellular energy production, anti-aging effects, neuroprotection, and cardiovascular support. It has been

explored for use in degenerative diseases, fatigue management, and age-related mitochondrial decline.

## **Suggested ChatGPT Prompt**

"Please summarize current research on SS-31, 10mg vial reconstituted with 3cc bac water. Goal: mitochondrial support and anti-aging. What are best practices based on existing studies? Please ask any clarifying questions before generating recommendations."

### Semorelin

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Compound: Semorelin

Typical Vial Dosage: 10mg per vial (unless otherwise specified)

Reconstitution Volume: 3cc bacteriostatic water

### **Overview Based on Current Research**

Semorelin is a growth hormone-releasing hormone (GHRH) analog studied for its ability to stimulate natural growth hormone production. Research indicates potential benefits in improving sleep quality, muscle mass, recovery, and overall vitality. It may also contribute to fat metabolism and age-related hormone optimization.

## **Suggested ChatGPT Prompt**

"Please summarize current research on Semorelin, 10mg vial reconstituted with 3cc bac water. Goal: GH stimulation and age-related optimization. What are best practices based on existing studies? Please ask any clarifying questions before generating recommendations."

### Melanotan II

This document is for informational purposes only and is based on currently available research. Melanotan II is sold for research purposes only and is not intended for human consumption. This summary does not constitute medical advice.

Compound: Melanotan II

Typical Vial Dosage: 10mg per vial (unless otherwise specified)

Reconstitution Volume: 3cc bacteriostatic water

#### Overview Based on Current Research

Melanotan II is a synthetic analog of alpha-melanocyte-stimulating hormone ( $\alpha$ -MSH), studied for its ability to induce skin tanning and reduce UV exposure risks. Research also

suggests increased libido, appetite suppression, and photoprotection benefits. Known for its central melanocortin system activation, Melanotan II has been explored for aesthetic and therapeutic uses in skin tone regulation.

## **Suggested ChatGPT Prompt**

"Please summarize current research on Melanotan II, 10mg vial reconstituted with 3cc bac water. Goal: skin tanning and photoprotection. What are best practices based on existing studies? Please ask any clarifying questions before generating recommendations."