

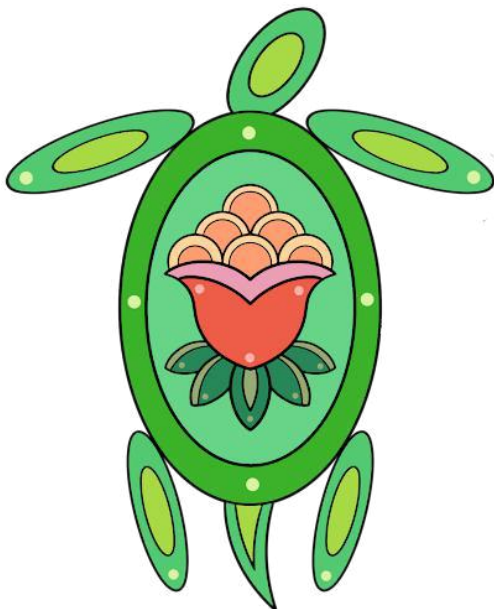
NEWSLETTER

"To improve the quality of life for all Tribal Members ,
through culturally-competent, custom-fit research"

June 2020 | Issue 1

What's Inside:

- TNRG Team
- TNRG Updates
- Old News
- Highlights
- Turtle Mountain Tribal Food Code
- Annual TCUP Research Symposium
- Community Health Assessment
- Associate Members
- Future Events



Fast Facts:

- Turtle Mountain Band of Chippewa adopts Tribal Food Code.
- TNRG Board Member inducted into the Native American Hall of Honor!
- TNRG currently has 36 Associate Members!

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TEAM MEMBERS

"To improve the quality of life for all Tribal Members ,
through culturally-competent, custom-fit research"



Anita Frederick
TNRG President

Kylie Keplin
Director of Operations



Mollie Lilley
Community Engagement
Coordinator

**Not
Pictured**

TEAM MEMBERS

"To improve the quality of life for all Tribal Members ,
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Roberta Trottier
Research Technician

Dr. Paul Dauphinais
Principle Investigator
NSF Research Grant

**Not
Pictured**

OLD NEWS

"To improve the quality of life for all Tribal Members ,
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Tribal Nations Research Group is pleased to announce a new Research Project with funding from the National Science Foundation

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Project with funding from the National Science Foundation

A goal of the Tribal Colleges and Universities Program (TCUP) is to
increase the science, technology, engineering and mathematics (STEM)
instructional and research capacities of specific institutions of higher
education that serve the Nation's indigenous students. Extending the
instructional capabilities to the local pre-college population is a
significant element and broader impact of the central work. This project
aligns directly with that goal, and moreover will increase the body of
knowledge on the efficacy of instructional methodologies that appeal to
Native students and increase their interest and success in STEM studies
and careers.

Tribal Nations Research Group (TNRG) serves as the lead for a study that
would describe the context and capture the impact of an informal STEM
instructional experience, the Sunday Academy Model (SAM). SAM has
been supported largely by NSF for almost two decades and has been
conducted by the tribal colleges of North Dakota, with participation of
North Dakota State University (NDSU) and the University of North
Dakota (UND). The program has provided STEM instructional
enrichment activities for on- and near-reservation students and teacher,
and has engaged approximately 2000 students. The study will be
pursued through mixed met

OLD NEWS

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Tribal Nations Research Group is pleased to announce our new partnership with the Turtle Mountain Community High School

The United States Department Agriculture (USDA) Food and Nutrition Service (FNS) has selected Tribal Nations Research Group to receive a Farm to School Planning Grant.

Hundreds of applicants across the country competed for a limited amount of funding. The overwhelming interest in this round of USDA Farm to School Grants was exciting but also made the selection process extremely difficult. Your application stood out because it demonstrated your strong experience and readiness to conduct farm to school initiatives; showed that you are thinking critically about opportunities and challenges; outlined goals that are closely aligned with FNS goals for the program; proposed a reasonable scope and budget; and gave us confidence that your farm to school program will be implemented with or without continued Federal support.



OLD NEWS

"To improve the quality of life for all Tribal Members ,
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TNRG Works on Tribal Food Code for TMBC Community!

What is a Food Code and why do we need it?

Over the past year TNRG has been working on developing a Food Code for the Turtle Mountain Band of Chippewa Indians Tribe. Due to Covid-19 we were unable to have in person committee meetings along with community meetings but persisted through Zoom Meetings. We were able to find a model food code that would work best for our tribe and was able to modify it. The Turtle Mountain Tribal Food Code was adopted in March of 2022. Our Goal for the Turtle Mountain Community is to have access to not only grow and produce our own food but as a community to have access to it. Along with having access to our own food we are able to connect with our roots and traditions and come together as a community!

"You can't say your sovereign if you can't feed ourselves"

Elizabeth Hoover

The Tribal Food Code was put together and reviewed by the food code committee. It was put up for 30 day comment and approved by the council! The Turtle Mountain Band Of Chippewa now has it's own Tribal Food Code!

To learn more about what is a food code and why it's needed check out TNRG's Lunch& Learn on our Facebook page.

To access the code you can go to
www.tmchippewa.com/tribal-codes/

OLD NEWS

"To improve the quality of life for all Tribal Members ,
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First Nations Newsletter Features TNRG



Launching the Turtle Mountain Food Code Initiative



TNRG presents at its Community Food Code Forum in March 2021.

The sum of this knowledge showed there were many vulnerabilities in Turtle Mountain's food system that were having a direct impact on the health and wellness of its tribal citizens. And many of those challenges stemmed from the lack of quality, comprehensive food policy and food code. Based on this, TRNG launched the Turtle Mountain Food Code Initiative, a project to promote improved Turtle Mountain community health by mobilizing community support for the development of tribal food policies.

Back in March of 2020 Tribal Nations Research Group held a Community Food Code Forum. There we presented what the Food Code is and why it's needed in our community along with the 2018 Community Health Data Assessment. We are currently still moving forward with the Tribal Food Code and planning to put out another Community Healthy Assessment post Covid-19.

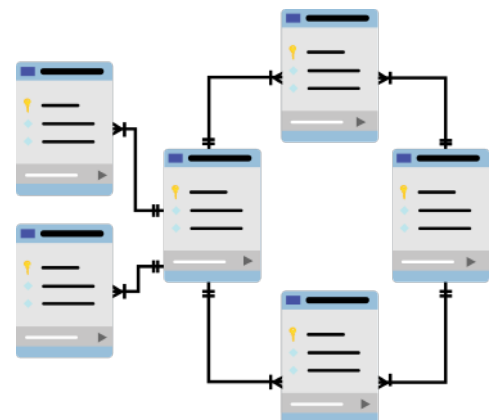
TNRG was featured in First Nations Newsletter you can find the link here!

<https://www.firstnations.org/s/code-to-better-health/>

WHAT TNRG'S BEEN UP TO?

Tribal Nations Research Group Creating a Data Center for TMBC Tribe.

What is the purpose of the data center for our tribe? That answer is simple. Any data that comes out of our community belongs to us, the tribe and there is not policy or protection of our vital data. If you think of it like vital statistics where you normally get your birth records etc, that data is all protected and ours needs to be as well. TNRG is working on upgrading our server to be able to house all of our community's data. So far, we've identified that our server needs to be replaced and we have a new one ordered. Once we get that set up we are moving forward with creating policies on server management and data governance which will be soon. The overall plan for the data center is to have dashboards for tribal employees to utilize for whatever it is they are working on e.g., grant writing, etc. This is an amazing project and we are very much looking forward to its success.



WHAT TNRG'S BEEN UP TO?

Tribal Nations Research Group Hosts TCUP Research Symposium! Part 1

The Tribal Nations Research Group (TNRG) in partnership with the National Science Foundation (NSF) hosted the Annual TCUP (Tribal College and Universities Program) Research Symposium on February 23rd, 2022. After over 20 years of holding an in-person research symposium, TNRG and NSF decided this year would be a good time to offer it virtually. It had been over two years since the last symposium was held due to the COVID-19 pandemic. TCUP funded tribal colleges and universities showcased current research by students and faculty to over 60 participants from across the nation, including several federal agencies. In total, twelve student researchers and seven faculty presented their research on a broad range of topics which have potential to greatly impact the ability for tribal communities to build infrastructure, plan for future use and care of land and resources, and monitor ongoing climate changes within their communities. Dr. Carty Monette opened the symposium with a warm welcome along with Dr. Jody Chase and Dr. Diana Elder, both from the National Science Foundation. Dr. Elder stated in her opening remarks, "NSF celebrates you the student scientists beginning your journeys of discovery and your faculty and mentors through the TCUP Research Symposium"

WHAT TNRG'S BEEN UP TO?

Tribal Nations Research Group Hosts TCUP Research Symposium! Part 2

Part of the TCUP goal is to encourage Tribal College and University students to conduct research in a way that utilizes common research practice through the lens of tribal people and communities. The symposium provides a platform for these promising researchers to showcase their work to an audience that most students would not have the opportunity to work with throughout their educational and professional career. To express how important research and the TCUP program is to tribal communities, Dr. Jody Chase, Lead program Director of the National Science Foundation stated, "TRS is something that meant so much to the students in particular, it meant a lot to NSF, it meant a lot to the faculty, but it really meant a lot to the students. Being able to host the symposium virtually, after the real possibility of having seen our last TRS, made this real for our community again."

Anita Frederick, TNRG President, stated, "Community based research is so important to our communities, and immersing yourself into the communities and learning about them...it is going to have such a great payoff in the end for our communities."

PROJECTS

"To improve the quality of life for all Tribal Members ,
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TNRG & NSDPQC Hypertension in Native American Women.

The North & South Dakota Perinatal Quality Collaborative (NSDPQC) is a multi-state network of multidisciplinary teams working to improve outcomes for maternal and infant health.

They work with clinical teams, experts and stakeholders, including patients and families, to spread best practices, reduce variation and optimize resources to improve perinatal care and outcomes.

The goal of the NSDPQC is to achieve measurable improvements in statewide population-level maternal and infant healthcare and health by deepening and accelerating improvement efforts for maternal and infant health outcomes TNRG is working with NSDPQC and Sacred Pipe to help with native communities in North and South Dakota to identify severe Hypertension and Preeclampsia in pregnancy and postpartum.

NSDPQC has been hosting virtual learning sessions every month.



TNRG HIGHLIGHTS

DR. CARTY MONETTE

Dr. Gerald "Carty" Monette Inducted into the Native American Hall of Honor!

Heading to the Hall of Honor

By Jason Nordmark
Of The Star

Six members of the Turtle Mountain Band of Chippewa will join the ranks of those in the Native American Hall of Honor in Bismarck this week.

A key figure in education along with five Vietnam War veterans will take their place in North Dakota history.

Those being inducted include Dr. Gerald "Carty" Monette, the former president of Turtle Mountain Community College and long-time contributor to the area's educational system.

In the early to mid 1970s, Monette found himself at the forefront of an educational opportunity for Turtle Mountain.

Now, nearly a half century later, Monette will join those honored in the Native American Hall of Honor. He received the news of the induction via a letter.

"I was surprised and didn't really expect this to happen," Monette said. "I'm certainly honored and humbled."

In 1973, Monette testified before the North Dakota State Board of Higher Education in support of establishing Turtle Mountain Community College. Two years later, he was appointed president of the new community college, a role he occupied until 2005. The institution was among the first six tribal colleges in the United States.

"I was lucky because I was in the right place at the right time," Monette said of the movement to bring higher education opportunities to Native American reservations. "I was joined by a lot of people who shared the same mission and passion to do something good for the Turtle Mountain people."

Monette said it took a lot of work by a lot of those people to get things done. He credited the work of all those individuals as a primary reason for the hall of honor selection.

"I know it happened because of all those good people," Monette said.

During the May 1997 groundbreaking for the new TMCC, Monette paused the ceremony to draw attention to a brilliant sundog in the sky, declaring it a "good sign." It was that indeed.

TMCC has become a crucial contributor to the socio-educational path of the Turtle Mountain Reservation and a model for tribal colleges where the curricula and values reflect the culture of the tribal nation.

Looking back even farther, Monette said the tribal college movement started because a group of people in the area recognized the need for tribal members to obtain a quality higher education.

"Up to that point, we were not enjoying full access," Monette said. "Mainstream institutions were not actively addressing higher education needs on reservations."

In response, Monette said a small group of people, who started with "basically nothing," became committed to the mission and purposes involved in bringing a quality institution to the area.

"I was fortunate to be able to work



Monette

**"I was joined by a lot of people who shared the same mission and passion to do something good for the Turtle Mountain people."
Carty Monette**

with these individuals who shared that passion and shared that mission," Monette said. "Together, over years, we were able to capture that momentum and a lot of good things happened because of that."

Monette is currently senior associate with Tribal Nations Research Group, which provides technical assistance to tribal colleges promoting research opportunities. He has also worked with the National Science Foundation through their Tribal College Rural Systemic Initiative and the Tribal College and Universities Program and served as president of the American Indian Higher Education Consortium.

Monette (Negoniwayton-Early Thunder) is a member of the Chippewa Crane Clan. In 1952, his family was moved from Belcourt to the west coast under the U.S. Government Relocation Program, eventually settling in Seattle. He graduated from West Seattle High School in 1964. Monette served in the U.S. Army from 1966-1968, stationed in Germany.

Monette earned his doctorate in educational administration at the University of North Dakota. Monette is a designated eagle staff keeper and the chief of education for the Turtle Mountain Band of Chippewa. Married to fellow educator Dr. Loretta DeLong, the couple have seven children.

The future of education in the area
Hall of Honor
(Continued on Page 8)

TNRG Senior Associate and Board of Directors Chair, Dr. Carty Monette was inducted into the Native American Hall of Honor on September 9th, 2022 for his leadership in Indian Country.

"I was joined by a lot of people who shared the same mission and passion to do something good for the Turtle Mountain people."

Carty Monette

DEDICATION TO LUCINDA LAROCQUE



Lucinda LaRocque worked with Tribal Nations Research group for 6 years as the Accounting Technician. But she wore many hats such as distributing surveys out to the community, assisting with events, and making sure the office ran smoothly! She was well respected by her colleagues, board members, and anyone she came in contact with. Her caring personality will be missed and TNRG is very thankful that she was able to work with us.

TNRG would like to send condolences to Lucinda's family. She will be greatly missed.

Rest In Peace Lucinda

PAST EVENTS

"To improve the quality of life for all Tribal Members ,
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2022 TM Community Health Assessment

The Turtle Mountain Tribal Health & Wellness along with Tribal Nations Research Group put out a Community Health Assessment post Covid-19. The last health assessment was put out in 2017. There were over 500 participants that took and completed the survey! There was an incentive 100 gift cards for \$100! The drawings were held May 16th, 2022 and the cards were handed/ mailed out to the winners!



Taste Testing Event at the Turtle Mountain Community High School!

TNRG did a taste testing event at the high school May 18th,2022. The event was for the Farm to School Grant TNRG has been working on.

The food was stir fry over cauliflower rice and a strawberry banana smoothie. TNRG also conducted a survey and received feedback from students.



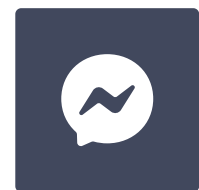
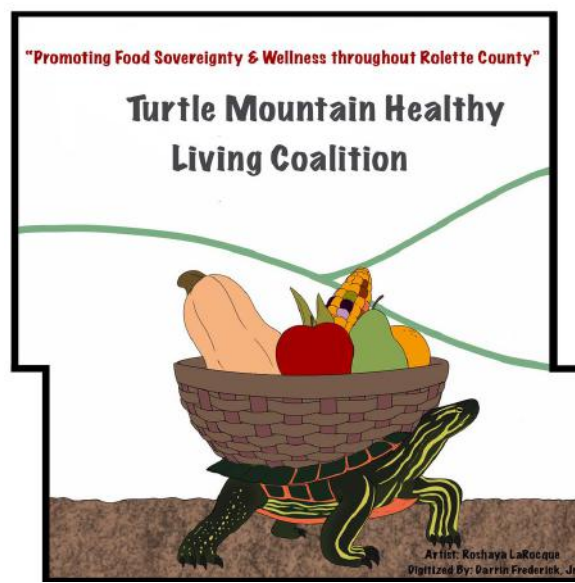
PARTNERSHIPS

"To improve the quality of life for all Tribal Members ,
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Turtle Mountain Healthy Living Coalition

The Turtle Mountain Healthy Living Coalition has been working on some amazing things and bringing healthy living to the community. The coalition has some projects they are working on such as a garden program, Healthy Living Cohort and food sovereignty education in community and schools. Also engaging through the TM Healthy Living Coalition Facebook page. The coalition has been doing an awesome job interacting with the online community. Sharing healthy recipes, engaging in family activities and working with other community programs such as BDYWC and SDPI. Projects are still moving forward with hybrid online/inperson meetings and planning accordingly for the future.

To learn more about the Turtle Mountain Healthy Living Coalition or to join the team check out their Facebook Page or send them a message. Or email Tahni, tahni.parsien@ndsu.edu



Turtle Mountain Healthy Living Coalition & TNRG Welcomes Tahni Parisen!

**"I look forward to continue
working& creating relationships
with tribal partners and community
members!"**



My name is Tahni Parisen! I am an enrolled member of the Turtle Mountain Band of Chippewa Indians and grew up in Belcourt, ND. March 2021, I accepted the position of the community Program Manager at NDSU Extension, serving the Turtle Mountain Nation and Rolette County. Prior to joining NDSU Extension, I graduated with my Bachelor's of Arts in Human Services with and emphasis in Social Justice from the University of Minnesota, Morris and completed a public health internship with the Future Public Health Leaders Program at the University of Michigan.

As a Community Program Manager, I provide community outreach related to food and nutrition, food systems and physical activity. I oversee initiatives that seek to increase and promote access to healthful foods and physically active lifestyles for members of the Turtle Mountain Nation. I work closely with other agencies and tribal organizations to collaborate on policy, systems, and environmental change strategies, which include food sovereignty, nutrition, physical activity and holistic health. I also co-manage the Turtle Mountain Healthy Living Coalition and facilitate the monthly Coalition meetings including subcommittees such as: Gardening, Food Sovereignty, Physical Activity, and Communication.

ASSOCIATE MEMBERS

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Welcome Newest Associate Members!



**Erica
Gunville**

**Courtney
Souvannascad**



Stacie Blue



**Bernice
Delorme**



Cole Allick

FUTURE EVENTS

"To improve the quality of life for all Tribal Members ,
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Data Matters Conference is BACK!!

Tribal Nations Research Group is happy to announce that the Data Matters Conference is back, March 29th & 30th, 2023 and will be located at the SkyDancer Event Center. The theme for this years event is "Getting Back Into Data". To register for this event please go to TNRG's website at www.tnrg.org. More information about the event is also on the website and to stay in touch with the updates please go and like our Facebook page and Instagram as well.



TNRG's Partnerships

