

I am bold and adventurous

I am bold and adventurous.

I live each day like it is a grand adventure. Each day has the potential to be magical and life-altering. **I can only be part of this magic if I am willing to be bold and adventurous.**

I am leaving meek and mild behavior to others and choosing to live my life boldly.

When I am bold, good things happen. I experience more and achieve greater success. I find that the universe meets me halfway when I am willing to act and live with courage in my heart.

I am bold, assertive, and courageous. I have the ability to try things that make others afraid. I am living a life that others only dare to dream of.

I enjoy pushing the boundaries and limits of life. **The most interesting things happen when I have the nerve to operate outside the lines.** Whether I am taking a vacation, starting a business, or searching for a new relationship, I am willing to take the road less traveled.

I never know what I am going to find, and that is the way I like it.

I love to try new things. I enjoy experiencing new foods and activities. **If I fail to try something new each day, I feel like the day has been wasted.**

Today, I am taking a bold step and beginning a new adventure. I am moving off the beaten path and creating new memories. I am bold and adventurous.

Self-Reflection Questions:

1. When was the last time I was bold and adventurous? What happened?
2. What if I lived my life like it was a grand adventure?
3. What have I missed in life by being too cautious and conservative?

