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My spirit is alive and well because I give it permission to live loudly. The foundation of my being deserves to be embraced like everybody else's. ***I stay away from hiding my true colors, even if they are unpopular with others.***

The personality and character I portray are true to me. ***My life is the one that I choose.*** Although I lack some material possessions, I avoid using that to determine my worth. The realities portrayed by others have little bearing on how I feel about myself.

Job descriptions try to put me in a box where professional abilities are concerned. But I constantly work outside of those boundaries.

I take the time to show my employer that I am capable of more than what my job description dictates. I use each opportunity to showcase my other skills.

Being a high achiever naturally sparks jealousy in others who wish for my abilities. I ignore the names they call me because I

am proud of my drive.

## ***I avoid allowing the negative utterances of others to dim my light.***

Today, my path in life is determined by my character and inner drive. I am happy to listen to my own heart and mind. They are the most loyal and honest sources of feedback about my journey and how I end up living it.

## **Self-Reflection Questions:**

1. How do I differentiate between worthwhile advice and attempts to bring me down?
2. How do I respond when someone tries to discourage my conscious decision?
3. What examples do I willingly take from the lifestyles of others?

