

I LOVE LEARNING

I love learning.

Knowledge and wisdom are precious. Being a lifelong student enriches my personal and professional life. I sharpen my mind and increase my capabilities. I engage my curiosity. I develop critical thinking skills and make sounder decisions. My sense of accomplishment grows.

I read books. I visit my local library and shop online for fiction and nonfiction titles. I enjoy a wide variety of subjects.

I talk with others. I chat with strangers at the airport and consult with experts in different fields. **There is something I can learn from anyone I meet.** I listen attentively and ask relevant questions.

I take classes. I attend training sessions at work and complete certification courses online.

I teach what I know. Sharing my knowledge with others introduces me to new ideas and perspectives.

I travel. Touring unfamiliar neighborhoods and foreign countries expands my horizons.

I immerse myself in other cultures. **I try out new things and adapt to other lifestyles.**

I use technology. I keep up with new developments in tools that help me learn.

I look for lessons in my daily experiences. I study my victories and setbacks so I can enhance my performance.

Today, I seize each opportunity to learn. I seek new knowledge and skills that help me to become more interesting and successful.

Self-Reflection Questions:

1. How does learning help me to adapt to change?
2. How can I become more teachable?
3. What is my main motivation for learning?

