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Each day, I remind myself that I am on an ever-changing journey, and ***I move forward to create another important piece of my life.***

I focus on demonstrating the personal traits that are important to me. I make it a point to display the morals and values that I believe are essential to creating my best life.

An integral part of my existence is my career. I sharpen my work ethic by showing up on time, putting my all into each project, and stepping up to help when needed. The attitude I display at work is cheerful, involved, and diligent. I build my work success one day at a time.

Another important aspect of life that progresses each day is my relationships with immediate family members. Taking time to share and communicate with those close to me helps construct a family life that is connected, close, and strong.

My individual sense of self grows and changes over time. Depending on the

personal area I am concentrating on, my life is a reflection of my efforts. I have periods of time when I read voraciously. Then, I shift to working on personal projects at home.

The progression of my life follows no ascribed path, other than the one I design.

Today, my plan is to look over my life goals and make any changes I find necessary. I realize that I am a work in progress.

Self-Reflection Questions:

1. How do I feel about the direction I am heading in life?
2. Are my achievements connected to my life goals?
3. What adjustments can I make to ensure that I continue to move forward and progress in the way that I want?

