



PRP Vampire Facial Aftercare

Do not touch the face immediately after the procedure.

Do not wash the face or apply any additional products to the skin for 24 hours.

There will be redness in the area. This is normal and is a result of the inflammation that causes collagen induction. Normally clears in a few hours but can last up to 2 days.

You may experience some itchiness in the area due to the release of histamines. An Antihistamine may assist in the redness of this.

Some dry skin may be experienced, and a hydrating skin care cream is useful to assist this. The dry skin is caused because of the moisture barrier of the skin has been breached by the needles and is a normal reaction.

The skin may feel tender to touch.

You may experience an immediate feeling of tightening in the skin. This is because skin-needling immediately shortens the elastin fibres so tightening the skin.

Aerobic exercise should be avoided until the redness has gone.

All Heat treatments including hot showers should be avoided for 24 hours.

Exposure to direct sunlight or UV tanning beds should be avoided for 2 weeks.

Return for treatment every 4 weeks.

Use a gentle Cleanser.

Do not use Retinols or Glycolic or Vitamin A creams for 72 hours.

Use 100% hyaluronic Acid or Aloe Vera gel where possible.

Cleanse and moisturise with appropriate products in between treatments.

You may feel more sensitive to sunlight straight after, this can last for several days. Avoidance of direct sunlight is preferable and if this is not possible apply SPF 30 minimum EVERY day even if its cloudy. Continue to use a spf 30+ every day.

In rare cases there may be some bruising, swelling or marks where the needles have entered the skin.

In rare cases small pustules may form on the skin. They should disappear on their own if they persist please see your GP.

Discontinue the use of topical retinols and bleaching agents 72 hours before procedure.

Please contact me should you have any queries or concerns. 07534 363 352.

Client Name:

Client Signature:

Date: