



Pre-treatment advice: BB Glow / Dermaplaning / Microneedling / Vampire Facials

Please do not book your appointment 2 weeks prior and 3 weeks post covid19 vaccine.

Please discontinue using your normal moisturiser, including retinols, vitamin A, glycolic acids 72 hours before treatment.

Please start using Hyaluronic Acid or Aloe Vera organic gel until your appointment and continue using until skin has healed.

Also please buy a SPF 50 to wear on your skin when outside. I recommend Heliocare.

Please avoid alcohol 48 hours before treatment and 72 hours.

Also, it is important before the treatments if you have had any aesthetic treatments to please let me know when, and to avoid sun exposure 2 weeks before.

Important!!! Please do not take aspirin or ibuprofen, for 24 hours prior and after your treatment. (This could cause you to bleed or bruise).

Strictly over 18.