



Pre-treatment Plasma Skin Tightening

Please do not book your appointment 2 weeks prior and 3 weeks post covid19 vaccine.

Please stop using your normal moisturiser 72 hours before treatment.

Please start using Aloe Vera organic gel until your appointment and continue using until skin has healed.

Please buy a SPF 50 to wear on your skin if outside. I recommend Heliocare.

Please avoid alcohol 48 hours before treatment and 72 hours after.

Also, it is important before the treatments if you have had any aesthetic treatments to please let me know when, and to avoid sun exposure 2 weeks before.

Important!!! Please do not take aspirin or ibuprofen, for 24 hours prior and after your treatment. (This could cause you to bleed more).

If you are having the treatment on your arms, neck, stomach etc. For your own comfort after treatment, please arrive to your appointment in loose clothing.

Risk of Infection!

For large areas like stomachs, I advise you to purchase some burn dressings, to cover the area whilst dressed and outside. The areas must be kept clean and dry as much as possible.

Please do not wear a scarf after having your neck done.

Strictly over 18.