



# Thesera.L

## Pre-treatment Advice

### **One week prior to Thesera.L treatment**

- Discontinue any topical skin prescriptions or any products containing retinol or vitamin A
- Avoid waxing, hair removal creams or electrolysis
- Do not receive Botox or dermal filler
- Do not receive microneedling, mesotherapy, PRP, chemical peel, microdermabrasion, or any exfoliating treatments
- Avoid other facial treatments or procedures

### **On the day of Thesera.L Treatment**

- Do not use any alpha hydroxy acid (AHA), beta hydroxy acid (BHA) and benzoyl peroxide
- Stop any exfoliating products that may dry or irritate the skin during treatment
- MEN-DO NOT SHAVE
- Avoid using product prior to treatment
- Avoid wearing make up
- Tell us before your treatment if your skin is sensitive