



PROGRAMS & PRICING

CrossFit (\$225+GST)

Unlimited classes

Couples Discount CrossFit (\$420+GST)

Unlimited classes (\$210/person)

10 Class Pass (\$225.00+GST)

10 classes (valid up to 6 months)

Ladies Class (\$160+GST)

(Monday, Tuesday, Thursday and Friday 9:15 am)

10 Class Pass Ladies Class (\$200 +GST)

10 classes (valid up to 6 months)

First responder & Student 15% Off (\$191.25 + GST)

Unlimited classes

CrossFit Teens Membership (\$160 + GST)

CrossFit Teens 8 Class Pass (\$140 + GST)

Personal Training

Ask for our rates