

BIA UNITS IN A CLINICAL SETTING

Clinical Protocols

To ensure the integrity of the data collected and maintenance of the equipment Spartan Wellness Technology recommends the following protocols:

1. Recommended use protocols should always be followed. Use protocols are available in the manual and via .pdf.
2. One clinical professional should remain responsible for conducting all bio impedance analysis.
3. Unit should be cleaned with non-toxic wipe following each use. Please do not spray anything directly on the unit.
4. Moving the unit is possible, however the unit may require re-balancing and is not recommended unless conducted by trained professional.
5. Operator should be familiar with the limitations of each unit, including weight limitations.

Conducting a BIA without use of a Computer

1. Step on unit- DO NOT PICK UP HANDLES.
2. Remain still until unit instructs you to enter age, height etc...
3. Enter each piece of information and press the next button to continue.
4. Pick up handles.
5. Remain perfectly still with arms at a 30 degree angle for the analysis.
6. When instructed, step off the scale.
7. CLEAN SCALE WITH NON-TOXIC WIPE PRIOR TO EACH USE.
8. Limited data is available on screen. Certain printers can be connected to the unit. The pre-printed paper provided with your unit must be used. Please contact your Spartan Wellness Technology Professional to order more paper.

Conducting a BIA with the use of a Computer

Please ensure software is properly downloaded by working with a Spartan Wellness Technology professional.

1. Enter users name on initial Contact Plus screen.
2. Once in client record, click Transmit Member.
3. Step on Scale.
4. Do not move until instructed.
5. Lift handles.
6. Remain perfectly still with arms at a 30 degree angle for the analysis.
7. When instructed, step off the scale.
8. CLEAN SCALE WITH NON-TOXIC WIPE PRIOR TO EACH USE.
9. Limited data is available on screen. Certain printers can be connected to the unit. The pre-printed paper provided with your unit must be used. Please contact your Spartan Wellness Technology Professional to order more paper.
10. The recommended protocol to view data is on the computer screen where you can view the report, as well as a graph of progress among other things. A report may be printed from any networked printer, no special paper is necessary.