



**Inner Peace Counseling, LLC**  
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 28105 Three Notch Road  
 Mechanicsville, MD 20659  
 240-538-3544

**Intake Form**

Client Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Male/Female \_\_\_\_\_

Parent(s)/Guardian (if under 18 years of age) \_\_\_\_\_

Street Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_ Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell phone \_\_\_\_\_

E-mail \_\_\_\_\_

Would you like e-mail/text reminder(s) for appointments? (circle) No reminder text e-mail

May a telephone message be left for you at these numbers? \_\_ Yes \_\_ No

Please indicate any restrictions \_\_\_\_\_

Current Marital Status: \_\_ Single \_\_ Married \_\_ Separated \_\_ Divorced \_\_ Widowed  
 \_\_ Living with Significant Other

Spouse's Name \_\_\_\_\_

**People Living in the Home**

Male	Age	Female	Age

Religious Affiliation \_\_\_\_\_ Church Attending \_\_\_\_\_

**Education** (circle highest grade completed) 6 7 8 9 10 11 12 13 14 15 16

Degree/Major \_\_\_\_\_ School (if currently a student) \_\_\_\_\_

**Employer/Company** \_\_\_\_\_ Job Title \_\_\_\_\_ Gross Salary \_\_\_\_\_

**Insurance** \_\_\_\_\_ Policy Number \_\_\_\_\_ Group \_\_\_\_\_

I will use insurance \_\_ Yes \_\_ No Insurance Company \_\_\_\_\_

Policy Holder Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address & Phone number (if different from above) \_\_\_\_\_

\_\_\_\_\_

## Medical and Mental Health Information

Primary Physician \_\_\_\_\_

Please list any current medical conditions and treatments (including prescriptions, over the counter, herbal, etc)

Medical Condition/Concern	Medication/Treatment	Dosage/Frequency

Are you currently seeing a psychiatrist, psychologist, or other counselor/therapist?  Yes  No

Name \_\_\_\_\_

Have you ever received psychological services before?  Yes  No

When? From/To	Counselor/Agency	Reason For Treatment	Results

Have you ever taken medications for emotional or psychological problems?  Yes  No

When?	Prescribing Physician	Medication	For What?	Results

Please indicate the frequency and amount that you currently consume:

	How much?	How often	Increase?	Decrease?	Same Amount
Caffeine			<input type="checkbox"/> Y <input type="checkbox"/> N	<input type="checkbox"/> Y <input type="checkbox"/> N	<input type="checkbox"/> Y <input type="checkbox"/> N
Alcohol			<input type="checkbox"/> Y <input type="checkbox"/> N	<input type="checkbox"/> Y <input type="checkbox"/> N	<input type="checkbox"/> Y <input type="checkbox"/> N
Tobacco			<input type="checkbox"/> Y <input type="checkbox"/> N	<input type="checkbox"/> Y <input type="checkbox"/> N	<input type="checkbox"/> Y <input type="checkbox"/> N
Marijuana			<input type="checkbox"/> Y <input type="checkbox"/> N	<input type="checkbox"/> Y <input type="checkbox"/> N	<input type="checkbox"/> Y <input type="checkbox"/> N
Other			<input type="checkbox"/> Y <input type="checkbox"/> N	<input type="checkbox"/> Y <input type="checkbox"/> N	<input type="checkbox"/> Y <input type="checkbox"/> N

How did you learn about this counseling service? \_\_\_\_\_

What is happening in your life that resulted in this appointment? Briefly summarize issues you wish to discuss with the counselor \_\_\_\_\_