

IMED: Part II - Circle the answers to the ailments

ENERGY

- | | | |
|--|-----|----|
| 1. Do you have a hard time getting up in the morning? | YES | NO |
| 2. Do you always feel tired or tired in the afternoon? | YES | NO |

SEX

- | | | |
|---|-----|----|
| 1. Do you lack sexual desire? | YES | NO |
| 2. Does your penis or clitoris seem less sensitive? | YES | NO |
| 3. Are your erections not firm enough? | YES | NO |
| 4. Have you lost your attraction toward your partner? | YES | NO |
| 5. Do you lack vaginal lubrication? | YES | NO |

SLEEP

- | | | |
|-------------------------|-----|----|
| 1. Do you sleep poorly? | YES | NO |
| 2. Do you rarely dream? | YES | NO |

MEMORY

- | | | |
|--|-----|----|
| 1. Do you suffer from short- or long-term memory loss? | YES | NO |
| 2. Do you have trouble concentrating? | YES | NO |

SKIN AND HAIR

- | | | |
|--|-----|----|
| 1...Do you have wrinkles on your face along the nose, smile lines, forehead creases? | YES | NO |
| 2. Do you have little wrinkles around the eyes and crows feet? | YES | NO |
| 3. Do you have age spots? | YES | NO |
| 4. Do you have dry, thin skin? | YES | NO |
| 5. Are you losing your hair or is it turning gray? | YES | NO |

WEIGHT CONTROL

- | | | |
|---|-----|----|
| 1. Is your abdomen too plump? Is it distended? | YES | NO |
| 2. Women: Are your breast too large? Do they get larger before your period? | YES | NO |
| 3. Are your buttocks and thighs too well padded? Are you pear shaped? | YES | NO |

STRESS & MOOD

- | | | |
|--|-----|----|
| 1. Do you suffer from constant fatigue? | YES | NO |
| 2. Do you have high blood pressure? | YES | NO |
| 3. Are you anxious, nervous, or irritable? | YES | NO |
| 4. Do small things set you off? | YES | NO |
| 3. Are you depressed? | YES | NO |

JOINTS & BONES

- | | | |
|--|-----|----|
| 1. Do you have arthritis? | YES | NO |
| 2. Do you have osteoarthritis in the hip? | YES | NO |
| 3. Do you have fibromyalgia (sharp shoulder pain)? | YES | NO |
| 4. Have you lost muscle mass, tone, and strength? | YES | NO |
| 5. Do you have bone loss of the spine, hips, hands, wrist, & feet? | YES | NO |