

# Vibrant Life Chiropractic



## **Child's Personal Information**

Name \_\_\_\_\_ Date \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ Province \_\_\_\_\_  
 Postal Code \_\_\_\_\_ Date of Birth: D \_\_\_ M \_\_\_ Y \_\_\_\_\_ Age \_\_\_\_\_  
 Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ E-mail \_\_\_\_\_  
 Where do you prefer to be contacted? Home \_\_\_ Work \_\_\_ Cell \_\_\_  
 Mother: \_\_\_\_\_ Father: \_\_\_\_\_  
 Whom may we thank for referring your child to Vibrant Life Chiropractic? \_\_\_\_\_

**Check the phrase that most represents your child's reason for care:**

Wellness     
  Prevention     
  Feel good     
  Symptom Relief

**Health Concerns**

*(If there are no current concerns and this assessment is to ensure optimum health and functioning, skip to next page)*

Concern	Severity 1=mild 10=worst	When did it start? For how long?	If you had the condition before, when?	Did the problem begin with an injury?	What % of time is the symptom present?

Is this condition interfering with your child's:

School     
  Behaviour     
  Sleep     
  Daily Routine     
  Sports/Activities

Other: \_\_\_\_\_

Is there a family history of similar concerns?  Yes  No

Please explain \_\_\_\_\_

What other health practitioners has your child seen? (Mark P for past or C for current)

Chiropractor     
  Medical doctor     
  Naturopath     
  Physiotherapist     
  Massage therapist

Other \_\_\_\_\_

What have you done for this condition? Was it of benefit? \_\_\_\_\_

**Often seemingly unrelated symptoms can tell us information about the function of the nervous system and overall health:**

(Please check if your child has had any of the following – past or present)

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> headaches             | <input type="checkbox"/> shortness of breath | <input type="checkbox"/> bloating/gas        |
| <input type="checkbox"/> dizziness             | <input type="checkbox"/> asthma              | <input type="checkbox"/> upper back pain     |
| <input type="checkbox"/> fainting              | <input type="checkbox"/> urinary problems    | <input type="checkbox"/> neck pain           |
| <input type="checkbox"/> fatigue               | <input type="checkbox"/> constipation        | <input type="checkbox"/> low back pain       |
| <input type="checkbox"/> irritability          | <input type="checkbox"/> diarrhea            | <input type="checkbox"/> radiating pain      |
| <input type="checkbox"/> depression            | <input type="checkbox"/> weight loss         | <input type="checkbox"/> stiffness           |
| <input type="checkbox"/> loss of balance       | <input type="checkbox"/> weight gain         | <input type="checkbox"/> reduced mobility    |
| <input type="checkbox"/> loss of concentration | <input type="checkbox"/> fevers              | <input type="checkbox"/> numbness in leg(s)  |
| <input type="checkbox"/> loss of memory        | <input type="checkbox"/> heart palpitations  | <input type="checkbox"/> numbness in feet    |
| <input type="checkbox"/> poor coordination     | <input type="checkbox"/> frequent colds      | <input type="checkbox"/> numbness in hand(s) |
| <input type="checkbox"/> vision changes        | <input type="checkbox"/> sinus congestion    | <input type="checkbox"/> weakness            |
| <input type="checkbox"/> ears buzzing          | <input type="checkbox"/> sore throats        | <input type="checkbox"/> muscle cramps       |
| <input type="checkbox"/> loss of smell         | <input type="checkbox"/> ear pain/infections | <input type="checkbox"/> sleeping problems   |
| <input type="checkbox"/> loss of taste         | <input type="checkbox"/> allergies           |  |

Other: \_\_\_\_\_

**PHYSICAL HEALTH:**

Please list any childhood falls/accidents

Type: _____	Age: _____	Hospitalized? Y N
Type: _____	Age: _____	Hospitalized? Y N
Type: _____	Age: _____	Hospitalized? Y N

Please list if your child has had any surgeries:;

Type: _____	Date: _____	Reason: _____
Type: _____	Date: _____	Reason: _____
Type: _____	Date: _____	Reason: _____

**Pregnancy History**

Any traumas / illnesses? 0 Yes 0 No \_\_\_\_\_

Did the mother:

Smoke?	0 Yes 0 No	Drink Alcohol?	0 Yes 0 No
Take medication?	0 Yes 0 No		

**Labour History:** Please check all that apply:

0 Drug induction 0 Epidural 0 Antibiotics during labour

Duration of labour: \_\_\_\_\_ Duration of pushing phase: \_\_\_\_\_

Was there any assistance used?

0 forceps 0 vacuum / suction 0 manual traction from caregiver 0 c-section

Were there any complications during birth? 0 Yes 0 No

Please explain: \_\_\_\_\_

**Infant health:** Please check all that apply:

Was there any evidence of trauma following birth?

bruising     odd shaped head     stuck in birth canal     respiratory distress  
 excessively fast birth     prolonged labour

Did your child experience any of the following:

Incubation    How long? \_\_\_\_\_  
 Separation after birth?    How long? \_\_\_\_\_  
 Colic  
 Digestive problems  
 Nursing difficulties  
Other: \_\_\_\_\_

Was your child breastfed?  Yes     No    For how long? \_\_\_\_\_

### **Sports and Activities**

Any sports? \_\_\_\_\_ How often? \_\_\_\_\_

Does your child carry a backpack?  Yes     No     Heavy     Light

Hours per week watching TV?                      0-10    10-20                      20-30                      30-40

Hours per week on the computer?                      0-10    10-20                      20-30                      30-40

### **BIOCHEMICAL HISTORY**

Please list ALL drugs your child currently takes or have taken in the past 6 months:

Name: \_\_\_\_\_ Reason: \_\_\_\_\_ Prescribed? Y N  
Name: \_\_\_\_\_ Reason: \_\_\_\_\_ Prescribed? Y N  
Name: \_\_\_\_\_ Reason: \_\_\_\_\_ Prescribed? Y N

Please list all nutritional vitamins or homeopathic remedies your child currently takes:

Name: \_\_\_\_\_ Reason: \_\_\_\_\_ Prescribed? Y N  
Name: \_\_\_\_\_ Reason: \_\_\_\_\_ Prescribed? Y N  
Name: \_\_\_\_\_ Reason: \_\_\_\_\_ Prescribed? Y N

Has your child been vaccinated?                       Yes     No    Age of first vaccination: \_\_\_\_\_

If so, has he/she had a reaction to vaccination?                       Yes     No

If so, please explain: \_\_\_\_\_

**Nutritional Choices**

Please grade any dietary selection that is appropriate for your child using the following scale:

- FD – consumed a few times per day
- FW – consumed a few times per week
- FM – consumed a few times per month
- M – consumed monthly
- D – consumed once per day
- W – consumed once a week
- O – does not consume this

- \_\_\_\_\_ Caffeine
- \_\_\_\_\_ Dairy (milk products)
- \_\_\_\_\_ Artificial Sweeteners
- \_\_\_\_\_ Breads, pastas
- \_\_\_\_\_ Refined Sugar
- \_\_\_\_\_ Soft drinks
- \_\_\_\_\_ Fried Food

Do you have any dietary concerns for your child?  Yes  No

If so, please explain: \_\_\_\_\_  
\_\_\_\_\_

**EMOTIONAL/DEVELOPMENTAL HISTORY**

Have there been any significant family stresses since your child’s birth?  Yes  No

If so, please explain (include age of child at the time): \_\_\_\_\_  
\_\_\_\_\_

Age child began daycare/alternate caregiver: \_\_\_\_\_ Please circle: Part time / Full time

Have developmental milestones been met?  Yes  No \_\_\_\_\_

At what age did your child:

Sit unsupported: \_\_\_\_\_ Crawl: \_\_\_\_\_ Stand: \_\_\_\_\_ Walk: \_\_\_\_\_  
Talk: \_\_\_\_\_

Do you have any concerns regarding your child’s development?  Yes  No

If so, please explain: \_\_\_\_\_  
\_\_\_\_\_

Is there anything else you would like to tell us about your child? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_