

HOW CAN I HELP YOU: THE CARD GAME



Grade: K-Adult

Month: February

Lesson Focus and Goals:

A community is any group of people who live or work together. Even your classroom can be a community. Being part of a community is kind of like being a friend to the world around you. When we build a network of connected people, we are able to support each other through good times and bad, growing together.

Materials Needed:

Plain white notecards or white paper cut into squares
Markers
A wealth of ideas!

Learning Objectives:

What is a community?
How can I help build community in my life?
Why is it important to connect with others?
Who is part of my community?

Structure / Activity:

Step One: Working with group members create a list of scenarios where someone might need a friend (or use our suggestions lists)

Step Two: On your notecards, write "How Can I Help When..." beneath that list one of your scenario topics.

Step Three: Repeat this until all of the activities have been written onto a card.

Step Four: Decorate the cards however you want. You could even laminate them so you can play over and over again.

Step Five: Shuffle the cards and lay them out on the table upside down so you can't see what the question is.

Step Six: Flip over the cards one at a time to reveal the scenario.

Step Seven: Draw or write your answer to the story on a separate sheet of paper, or simply discuss the ideas you have out loud with your group.

Take Aways:

Each person has the power to create community in their lives simply by sharing kindness with others. When you see someone new, someone in need, or someone you think needs a friend, you have the power to build community just by extending your hand to them. Communities grow one person at a time, but once they do, a community can be an unstoppable force for change.



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