



Class Schedule

Monday

Gi All Levels

6 AM -7 AM

Advanced Kids Gi

5:20 PM - 6:20 PM

Beginners Kids

4:30 PM -5:15 PM

Gi All Levels

6:30 PM - 8 PM

Tuesday

NoGi All Levels

6 AM -7 AM

Nogi All Levels

6:30 PM - 8 PM

Advanced Kids Nogi

5:20 PM - 6:20 PM

Wednesday

Gi All Levels

6 AM -7 AM

Advanced Kids Gi

5:20 PM - 6:20 PM

Beginners Kids

4:30 PM -5:15 PM

Gi All Levels

6:30 PM - 8 PM

Thursday

NoGi All Levels

6 AM -7 AM

Nogi All Levels

6:30 PM - 8 PM

Advanced Kids Nogi

5:20 PM - 6:20 PM

Friday

Gi All Levels

6 AM -7 AM

Advanced Kids Gi

5:20 PM - 6:20 PM

Beginners Kids

4:30 PM -5:15 PM

Gi All Levels

6:30 PM - 8 PM

Saturday

Kids Comp Class

9:45 AM - 10:45AM

Open Mat

11 AM - 12 NOON

Sunday

Closed