



Wild at Heart



Kids Nature Club



INTRODUCTION

Welcome to Wild at Heart, where nature is the best teacher, and every child is a budding explorer!

Here at Wildlife Reimagined, we believe in the magic of nature as the ultimate playground for young explorers. Our mission is simple: to foster a deep connection between children and the natural world around them.

Participants in our Wild at Heart Kids Club are encouraged to unleash their imagination, get their hands dirty, and discover the wonders of nature firsthand. Whether it's building houses for insects, gazing at the clouds, or identifying different bird calls, every moment in our nature club is a chance to learn, grow, and thrive.

Led by passionate guides who are experts in environmental education, our sessions are designed to be safe, engaging, and educational. Studies show that when children interact with natural materials and outdoor environments, they become calmer, more focused, and develop a keen sensory awareness. Our nature club is also designed to be an explorative journey, providing a foundation for children to become confident, caring, and environmentally conscious individuals.

So join us as we embark on this exciting journey of discovery, where every week is a different adventure and the great outdoors is our classroom. Let's create memories, forge friendships, and inspire a future generation of nature lovers, one muddy footprint at a time.



Week 1: The Hidden World

Synopsis: Step into the secret world of animal camouflage, where children will discover how animals use colors, patterns, and behaviors to hide and protect themselves in nature. From the leafy green camouflage of a chameleon to the speckled fur of a snow leopard, kids will explore the amazing ways animals blend into their environments.



The following activities **may** be offered:

- Meet a variety of minibeasts that rely on camouflage for survival.
- Hide and Seek: Children will embark on a nature walk to spot animals that have perfected the art of camouflage.
- Hiding in plain sight: Explore how chameleons adapt by changing colour. by making your own chameleon art, using different colours and textures to mimic this fascinating adaptation.
- Mimic Mask: Kids will create their own "camouflage costumes" using materials like leaves, fabric, and paint to mimic animal patterns and help them blend into their surroundings like their favourite creatures.



Location: Black Mountain Peninsula

Note: Please dress appropriately for outdoor exploration, including comfortable clothes, closed-toe shoes, and sun protection. Be prepared to engage in hands-on activities that may involve gentle handling of minibeasts.

Week 2: Transformers

Synopsis: This week, children will discover how some of their favourite creatures transform completely throughout their lives! From the humble caterpillar becoming a beautiful butterfly to the tadpole turning into a frog, kids will learn about the incredible life cycles of animals.

The following activities **may** be offered:

- Meet a variety of minibeasts that transform through metamorphosis.
- Tadpole to Frog water play: Explore how creatures like frogs and tadpoles adapt from life in the water to life on land by diving into sensory bins filled with materials that represent each stage of the frog's life cycle.
- Cocoon simulation: In this activity, children will experience what it's like to be inside a cozy, snug cocoon by wrapping themselves in soft, stretchy materials. This hands-on simulation will help them understand how caterpillars feel as they prepare for their transformation into butterflies.
- Fuzzy Caterpillar: Discover the life cycle of a butterfly by creating your own caterpillar and guiding it through its transformation into a vibrant butterfly!

Location: Black Mountain Peninsula

Note: Please dress appropriately for outdoor exploration, including comfortable clothes, closed-toe shoes, and sun protection. Be prepared to engage in hands-on activities that may involve gentle handling of minibeasts.



Week 3: What's in a Home

Synopsis: This week, children will explore how animals adapt to live in different habitats—whether in the deep sea, the forest, or the desert. They'll learn about the homes of various animals and how these places help them survive.

The following activities **may** be offered:

- Home Hunters: On this nature walk, children will search high and low for signs of animal homes—hidden nests, cozy burrows, and secret dens.
- Sensory activity: Explore various types of animal homes. This introduces children to the diversity of habitats and adaptations in the animal kingdom. It promotes awareness of how different species have evolved to survive in specific environments.
- Insect Hotel Building: Construct miniature habitats using natural materials to provide shelter for beneficial insects like ladybugs and solitary bees.

Location: Black Mountain Peninsula

Note: Please dress appropriately for outdoor exploration, including comfortable clothes, closed-toe shoes, and sun protection. Be prepared to engage in hands-on activities that may involve gentle handling of minibeasts.



Week 4: Survival Skills

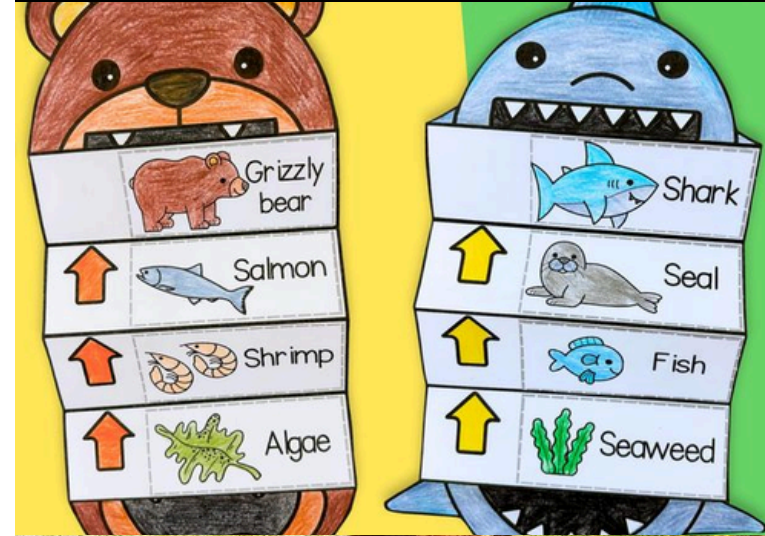
Synopsis: Dive into the fascinating world of animal defences and hunting strategies! From the sharp claws of a predator to the spiky defences of echidnas, children will discover how animals use unique tactics to survive in the wild.

The following activities **may** be offered:

- Meet a variety of animals that have 'armour' to protect themselves from predators.
- Sensory activity: explore different types of animal 'armour' and teeth.
- Predator's stomach: In this activity, children will "hunt" for different food sources in a scavenger hunt, mimicking a predator's search for food. They'll gather various items representing animal prey (like fish, insects, and fruits) and learn about how predators seek out different types of food in their habitats.
- Defensive creatures: Children will create their own 'armour' by designing and decorating protective gear for animals, such as turtle shells, porcupine quills, or scaly lizard skin. Using materials like paper, fabric, and craft supplies, they'll learn how different animals use their 'armour' to stay safe in the wild.

Location: Black Mountain Peninsula

Note: Please dress appropriately for outdoor exploration, including comfortable clothes, closed-toe shoes, and sun protection. Be prepared to engage in hands-on activities that may involve gentle handling of minibeasts.



Week 5: The Mighty Movers



Synopsis: This week we'll be exploring the incredible journey of animal migration! In this interactive session, children will learn about how and why animals travel thousands of miles to find food, warmer climates, or safer places to raise their young.



The following activities **may** be offered:

- Migration Relay Race: Children will take part in a fun and active game where they "migrate" like animals, hopping, flying, or waddling through an obstacle course that mimics the challenges animals face during their long journeys.
- Flying in formation: In this fun and creative activity, children will use their fingers to paint a flock of migrating ducks flying in a V-shape, and will learn about how ducks migrate in a V formation to conserve energy and help each other during their long journeys.
- Nature's Nests: In this hands-on activity, children will learn about hibernation by creating their very own cozy animal dens using natural materials.



Location: Black Mountain Peninsula

Note: Please dress appropriately for outdoor exploration, including comfortable clothes, closed-toe shoes, and sun protection. Be prepared to engage in hands-on activities that may involve gentle handling of minibeasts.

Week 6: Modern World

Synopsis: This week we'll explore how animals have adapted to thrive in the modern world and alongside human civilisation! From urban foxes to pigeons living in city skyscrapers, children will discover how animals have adjusted to new environments and learned to live in harmony (or sometimes in competition) with human-made surroundings.

The following activities **may** be offered:

- Adaptation match: A simple card-matching game where children match animals with their urban adaptations.
- Habitat restoration project: In a hands-on effort to help, children will plant real trees or small plants to create a "new home" for animals.
- Grow a plant: children will receive their very own seedling to take home and care for! Each child will be given a small plant in a plain pot, and they'll have the chance to decorate it using paint, stickers, markers, and other craft supplies.
- Trash and Treasure: children will learn the importance of recycling and reusing materials by constructing animals out of recycled materials.

Location: Black Mountain Peninsula

Note: Please dress appropriately for outdoor exploration, including sturdy shoes and weather-appropriate clothing. Be prepared to engage in hands-on activities that celebrate the diversity and creativity of animal homes.

