



Wild at Heart



Kids Nature Club





Introduction

Welcome to Wild at Heart, where nature is the best teacher, and every child is a budding explorer!

Here at Wildlife Reimagined, we believe in the magic of nature as the ultimate playground for young explorers. Our mission is simple: to foster a deep connection between children and the natural world around them.

Participants in our Wild at Heart Kids Club are encouraged to unleash their imagination, get their hands dirty, and discover the wonders of nature firsthand. Whether it's building houses for insects, gazing at the clouds, or identifying different bird calls, every moment in our playgroup is a chance to learn, grow, and thrive.

Led by passionate guides who are experts in environmental education, our sessions are designed to be safe, engaging, and educational. Studies show that when children interact with natural materials and outdoor environments, they become calmer, more focused, and develop a keen sensory awareness. Our playgroup is also designed to be an explorative journey, providing a foundation for children to become confident, caring, and environmentally conscious individuals.

So join us as we embark on this exciting journey of discovery, where every week is a different adventure and the great outdoors is our classroom. Let's create memories, forge friendships, and inspire a future generation of nature lovers, one muddy footprint at a time.



Week 1: What Lies Beneath

Synopsis: Beneath what the eye can see there is the unseen majesty of the tiny world of minibeasts. Take a deep dive into the beauty and the delight of the inner workings of these magnificent creatures. What do they do for us? What do we do for them? Learn how minibeasts are essential to life on our planet and see how adorable, and awe-inspiring they can be!

The following activities **may** be offered:

- Meet a variety of minibeasts that live underground.
- Bug Hunt: embark on a thrilling scavenger hunt to search for and identify various minibeasts in their habitats, promoting observation skills and discovery.
- Sensory Play: Dig for spaghetti worms in dirt. This activity is not just a playful one but a valuable tool for holistic child development across multiple domains such as sensory exploration, fine motor skills and cognitive development.

Location: Black Mountain Peninsula

Note: Please dress appropriately for outdoor exploration, including comfortable clothes, closed-toe shoes, and sun protection. Be prepared to engage in hands-on activities that may involve gentle handling of minibeasts.



Week 2: Colours of the Rainbow

Synopsis: Embark on an enchanting journey through the vibrant hues found in the natural world! From the lush greens of forest canopies to the subtle yellow of dandelions, this session will immerse participants in a colour palette inspired by nature.

The following activities **may** be offered:

- Meet a variety of colourful minibeasts.
- Colour Hunt: Engage in a scavenger hunt to find natural objects matching specific colours, promoting observation and discovery.
- Creepy Crawly Craft: Create artwork inspired by minibeasts using natural materials like leaves, pinecones, and twigs, fostering creativity and fine motor skills.
- Palette playdough: learn how to make playdough from scratch and dye it using plants.

Location: Black Mountain Peninsula

Note: Please dress appropriately for outdoor exploration, including comfortable clothes, closed-toe shoes, and sun protection. Be prepared to engage in hands-on activities that may involve gentle handling of minibeasts and nature's vibrant palette.







Week 3: Wild Waters

Synopsis: Immerse yourself in the magic realm of rivers, streams, and aquatic habitats as we embark on a series of explorations and activities designed to spark curiosity, ignite imaginations and foster a deep appreciation for water's vital role in our environment.

The following activities **may** be offered:

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- Meet a variety of aquatic animals such as hermit crabs and starfish.
 - Stream stroll: take a guided walk along serene streams, where children can observe aquatic life and learn about the importance of clean water.
 - River Rock Painting: Express creativity by painting river rocks, inspired by the natural colours and textures found along waterways.
 - Pollution Sensory Activity: promote creative thinking and problem-solving skills as children explore ways to clean up simulated pollution and prevent it in their play scenarios.

Location: Black Mountain Peninsula



Note: Please dress appropriately for outdoor exploration, including comfortable clothes, waterproof shoes, and sun protection. Be prepared to engage in hands-on activities that may involve gentle handling of animals. Water-themed activities may involve getting hands wet, so bring a change of clothes if necessary. Bring binoculars if available.

Week 4: From Little Things Big Things Grow

Synopsis: Delve into the captivating journey of lifecycles as we explore how different plants and animals grow. Discover the fascinating transformations that occur in various organisms, from birth to maturity, highlighting the interconnectedness and resilience of life in the natural world.

The following activities **may** be offered:

- Meet some of our stick insects.
- Egg to Adult: Learn about the miracle of life by observing and learning about egg incubation and hatching.
- Grass Head Craft: Growing grass heads involves planting seeds and observing their growth over time. This hands-on experience introduces children to basic concepts of plant biology, such as germination, growth stages, and the factors necessary for plant health.
- Sensory activity: Handling eggs allows children to explore different textures (smooth shell, gooey insides), temperatures (cold from the fridge, warming in hands), and even sounds (tapping on shells).

Location: Black Mountain Peninsula

Note: Please dress appropriately for outdoor activities, including comfortable clothes and closed-toe shoes suitable for exploring natural habitats. Be prepared to engage in hands-on activities that may involve gentle interaction with plants and animals.



Week 5: Up and Away



Synopsis: Embark on an uplifting adventure as we look to the skies to unravel the mysteries of clouds and celebrate the beauty and diversity of winged animals. Through engaging activities and hands-on experiences, participants will learn about weather patterns, flight mechanics, and the importance of conservation for our feathered friends.



The following activities **may** be offered:

- Cloud Watching: Lay back and gaze at the sky, identifying different types of clouds and learning about their formations and significance in weather patterns.
- Bird Watching: Use binoculars and field guides to observe local bird species, noting their behaviours, habitats, and migratory patterns.
- Nature wings: Using birds and insects for inspiration, create your very own pair of wings using natural materials.
- Conduct a raincloud experiment: Manipulating materials like water, shaving cream (for clouds), and food colouring stimulates multiple senses (sight, touch, and sometimes smell), enhancing the learning experience and making it more memorable.



Location: Black Mountain Peninsula

Note: Please dress appropriately for outdoor activities, including sun protection and comfortable footwear. Bring binoculars if available and be prepared to engage in hands-on activities that celebrate the wonders of clouds and winged animals.

Week 6: Modern World

Synopsis: This week we'll explore how animals have adapted to thrive in the modern world and alongside human civilisation! From urban foxes to pigeons living in city skyscrapers, children will discover how animals have adjusted to new environments and learned to live in harmony (or sometimes in competition) with human-made surroundings.

The following activities **may** be offered:

- Adaptation match: A simple card-matching game where children match animals with their urban adaptations.
- Habitat restoration project: In a hands-on effort to help, children will plant real trees or small plants to create a "new home" for animals.
- Grow a plant: children will receive their very own seedling to take home and care for! Each child will be given a small plant in a plain pot, and they'll have the chance to decorate it using paint, stickers, markers, and other craft supplies.
- Trash and Treasure: children will learn the importance of recycling and reusing materials by constructing animals out of recycled materials.

Location: Black Mountain Peninsula

Note: Please dress appropriately for outdoor exploration, including sturdy shoes and weather-appropriate clothing. Be prepared to engage in hands-on activities that celebrate the diversity and creativity of animal homes.

