

February/March 2026



Franklin Regional Primary School Lunch Menu

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate

Choice of Vegetable

Choice of Fruit

Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

LEAVE YOUR LUNCHBOX AT HOME! DAILY ALTERNATES.

Fresh Entree Salad of the Week



Craveable of the Week, which could include: Nacho with Chips and Salsa, Make your Own Pizza, Yogurt Cheese stick and Crackers, Breadstick Dipper, and more..



Nutritious Friends

Look for our Nutritious Friend of the Month on the menu!

This Month.....February Cherries
March Oats.



DAILY OPTIONS

Dinner rolls served Daily
Salad of the Daily
PBJ Craveable Daily

Menu items in Red are weekly choices

Lunch Prices

Paid lunch 2.70
Free and Reduced 0.00
Adult \$5.20

Ala cart items are priced as marked.
Additional meals 5.20
Sonny Burns
Food Service Director
724-325-1977

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Menu is subject to change do to product availability

USDA is an equal opportunity provider and employer.

Monday

2

Italian Dunker w/sauce
Panther Salad
Hamburger on a bun
Yogurt Craveable
Ham and Cheese Sandwich

Featured Veggies:
Black Beans
Baby Carrots
Choice of Fruit
Choice of Milk

9

Grilled Cheese Sandwich
Chef Salad
Chicken patty on a bun
Turkey & Cheese Sandwich
Breadstick Craveable

Featured Veggies:
Tomato Soup
Red Pepper Strips
Choice of Fruit
Choice of Milk

16

Fish Sandwich



23

Panther Club Hoagie
Ham turkey and cheese
Panther Salad
Hamburger on a bun
Italian Wrap
Nacho Craveable

Featured Veggies:
Grape Tomatoes
Tater Tots
Choice of Fruit
Choice of Milk

2

Chicken Drumsticks
Chef Salad
Chicken patty on a bun
Turkey & Cheese Sandwich
Yogurt Craveable

Featured Veggies:
Oven Fries
Chick Pea Salad
Choice of Fruit
Choice of Milk

9

Chicken Ramen
Chicken Salad
Chicken Nuggets
Italian Hoagie
Breadstick Craveable

Featured Veggies:
Seasoned Broccoli
Cucumber Slices
Choice of Fruit
Choice of Milk

Tuesday

3

Beef Soft Taco
Panther Salad
Chicken patty on a bun
Yogurt Craveable
Ham and Cheese Sandwich

Featured Veggies:
Black Beans
Tomato & Onion Salsa
Choice of Fruit
Choice of Milk

10

Nacho Grande Beef
Chef Salad
Hamburger on a bun
Turkey & Cheese Sandwich
Breadstick Craveable

Featured Veggies:
Corn
Caesar Salad
Choice of Fruit
Choice of Milk

17

Asian Sesame Chicken Over Rice
Chicken Salad
Hot Dog on a bun
Italian Hoagie
Pizza Craveable

Featured Veggies:
Seasoned Broccoli
Tomatoes Salsa
Choice of Fruit
Choice of Milk

24

Slow Roasted Seasoned Pork Taco
Panther Salad
Corn Dog
Italian Wrap
Nacho Craveable

Featured Veggies:
Black Beans
Lettuce & Tomato
Choice of Fruit
Choice of Milk

3

Nacho Grande Beef
Chef Salad
Hamburger on a bun
Turkey & Cheese Sandwich
Yogurt Craveable

Featured Veggies:
Mexicali Corn
Tomato & Onion Salad
Choice of Fruit
Choice of Milk

10

Chicken Quesadilla
Chicken Salad
Hot Dog on a bun
Italian Hoagie
Breadstick Craveable

Featured Veggies:
Black Beans
Apple oatmeal crisp topping
Choice of Fruit
Choice of Milk

Wednesday

4

Chicken and Gravy over Biscuits.
Panther Salad
Chicken Nuggets
Yogurt Craveable
Ham and Cheese Sandwich

Featured Veggies:
Mashed Potatoes
Dried Cherries
Choice of Fruit
Choice of Milk

11

Seasoned Wings 4 wings
Chef Salad
Chicken Tenders
Turkey & Cheese Sandwich
Breadstick Craveable

Featured Veggies:
Dried Cherries
Cherry Tomatoes
Choice of Fruit
Choice of Milk

18

Chicken Soft Taco
Chicken Salad
Fish Sandwich
Italian Hoagie
Pizza Craveable

Featured Veggies:
Black Bean
Dried Cherries
Choice of Fruit
Choice of Milk

25

Pasta w/ Meatballs
Panther Salad
Chicken Nuggets
Italian Wrap
Nacho Craveable

Featured Veggies:
Cucumber Salad
Dried Cherries
Choice of Fruit
Choice of Milk

4

Panther Bowl
Chef Salad
Popcorn Chicken
Turkey & Cheese Sandwich
Yogurt Craveable

Featured Veggies:
Corn
Carrots
Choice of Fruit
Choice of Milk

11

Ravioli with Meat sauce
Garlic Stick
Chicken Salad
Hamburger on a bun
Italian Hoagie
Breadstick Craveable

Featured Veggies:
Chickpea Salad
Carrot Sticks
Choice of Fruit
Choice of Milk

Thursday

5

Italian Grilled Chicken on a Roll
Panther Salad
Corn Dog
Yogurt Craveable
Ham and Cheese Sandwich

Featured Veggies:
Green Beans
Romaine Salad
Choice of Fruit
Choice of Milk

12

Sausage Egg and Cheese on an English Muffin
Chef Salad
Hot Dog on a bun
Turkey & Cheese Sandwich
Breadstick Craveable

Featured Veggies:
Hash brown
Carrots
Choice of Fruit
Choice of Milk

19

Bacon Cheese Burger On a Bun
Chicken Salad
Popcorn Chicken
Italian Hoagie
Pizza Craveable

Featured Veggies:
Roasted Zucchini
Caesar Side Salad
Choice of Fruit
Choice of Milk

26

Fish Sandwich
Panther Salad
Chicken patty on a bun
Italian Wrap
Nacho Craveable

Featured Veggies:
Oven Fries
Baby carrots
Choice of Fruit
Choice of Milk

5

French toast Sticks sausage links
Chef Salad
Hot Dog on a bun
Turkey & Cheese Sandwich
Yogurt Craveable

Featured Veggies:
Hash brown
Oatmeal
Choice of Fruit
Choice of Milk

12

Perogies
Chicken Salad
Chicken Tenders
Italian Hoagie
Breadstick Craveable

Featured Veggies:
Tomatoes
Grilled Onions
Choice of Fruit
Choice of Milk

Friday

6

Cheese or Pepperoni Pizza
Panther Salad
Popcorn Chicken
Yogurt Craveable
Ham and Cheese Sandwich

Featured Veggies:
Grape Tomatoes
Roasted Zucchini
Choice of Fruit
Choice of Milk

13

No School

20

Cheese or Pepperoni Pizza
Chicken Salad
Grilled Cheese
Italian Hoagie
Pizza Craveable

Featured Veggies:
Oven Fries
Carrot
Choice of Fruit
Choice of Milk

27

Cheese or Pepperoni Pizza
Panther Salad
Chicken Tenders
Italian Wrap
Nacho Craveable

Featured Veggies:
Oven Sweet Potato
Green beans
Choice of Fruit
Choice of Milk

6

Cheese or Pepperoni Pizza
Chef Salad
Fish Sandwich
Turkey & Cheese Sandwich
Yogurt Craveable

Featured Veggies:
Cherry Tomatoes
Cucumber Slices
Choice of Fruit
Choice of Milk

13

Cheese or Pepperoni Pizza
Chicken Salad
Grilled Cheese
Italian Hoagie
Breadstick Craveable

Featured Veggies:
Green Beans
Baby Carrots
Choice of Fruit
Choice of Milk