

January 2026

Franklin Regional Primary School

Lunch Menu



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate

Choice of Vegetable

Choice of Fruit

Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

oranges, apples, banana, grapes, pears, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

LEAVE YOUR LUNCHBOX AT HOME!
DAILY ALTERNATES.

Fresh Entree Salad of the Week



Craveable of the Week, which could include: Nacho with Chips and Salsa, Make your Own Pizza, Yogurt Cheese stick and Crackers, Breadstick Dipper, and more...

Nutritious Friends

Look for our Nutritious Friend of the Month on the menu!!

This Month.....



DAILY OPTIONS

Dinner rolls served Daily

Salad of the Daily

PBJ Craveable Daily

Menu items in Red are weekly choices

Lunch Prices

Paid lunch 2.70

Free and Reduced 0.00

Adult \$5.20

Ala cart items are priced as marked.

Additional meals 5.20

Sonny Burns

Food Service Director

724-325-1977

sburns@franklinregional.k12.pa.us

Menu is subject to change do to product availability

USDA is an equal opportunity provider and employer.

Monday

22



Tuesday

23

Lunch Menu

Wednesday

24

CHRISTMAS BREAK

Thursday

25



Friday

26



Bring on the NEW YEAR!

5

Turkey Bacon
Hoagie
Chicken Salad
Chicken Nuggets
Italian Hoagie
Pizza Craveable

Featured Veggies:
Sweet Potatoes
Corn
Choice of Fruit
Choice of Milk

6

Chicken Soft Taco
Chicken Salad
Hot Dog on a bun
Italian Hoagie
Pizza Craveable

Featured Veggies:
Black Bean
Tomatoes Salsa
Choice of Fruit
Choice of Milk

7

Asian Sesame Chicken
Over Rice
Chicken Salad
Hamburger on a bun
Italian Hoagie
Pizza Craveable

Featured Veggies:
Seasoned Broccoli
Carrot Sticks
Choice of Fruit
Choice of Milk

8

Bacon Cheese Burger
On a Bun
Chicken Salad
Popcorn Chicken
Italian Hoagie
Pizza Craveable

Featured Veggies:
Roasted Zucchini
Caesar Side Salad
Choice of Fruit
Choice of Milk

9

Cheese or Pepperoni
Pizza
Chicken Salad
Chicken patty on a bun
Italian Hoagie
Pizza Craveable

Featured Veggies:
Oven Fries
Carrot
Choice of Fruit
Choice of Milk

12

Panther Club Hoagie
Ham Turkey and cheese
Panther Salad
Hamburger on a bun
Italian Wrap
Nacho Craveable

Featured Veggies:
Grape Tomatoes
Tater Tots
Choice of Fruit
Choice of Milk

13

Slow Roasted Seasoned
Pork Taco
Panther Salad
Corn Dog
Italian Wrap
Nacho Craveable

Featured Veggies:
Black Beans
Lettuce & Tomato
Choice of Fruit
Choice of Milk

14

Pasta w/ Meatballs
or Pumpkin Alfredo
Panther Salad
Chicken Nuggets
Italian Wrap
Nacho Craveable

Featured Veggies:
Cucumber Salad
Seasoned Carrots
Choice of Fruit
Choice of Milk

15

Fish
Sandwich
Panther Salad
Chicken patty on a bun
Italian Wrap
Nacho Craveable

Featured Veggies:
Oven Fries
Baby carrots
Choice of Fruit
Choice of Milk

16

Cheese or Pepperoni
Pizza
Panther Salad
Chicken Tenders
Italian Wrap
Nacho Craveable

Featured Veggies:
Oven Sweet Potato
Green beans
Choice of Fruit
Choice of Milk

19



20

Nacho Grande
Beef
Chef Salad
Hamburger on a bun
Turkey & Cheese Sandwich
Yogurt Craveable

Featured Veggies:
Mexican Corn
Tomato & Onion Salad
Choice of Fruit
Choice of Milk

21

Panther
Bowl
Chef Salad
Popcorn Chicken
Turkey & Cheese Sandwich
Yogurt Craveable

Featured Veggies:
Corn
Carrots
Choice of Fruit
Choice of Milk

22

French toast Sticks
sausage links
Chef Salad
Hot Dog on a bun
Turkey & Cheese Sandwich
Yogurt Craveable

Featured Veggies:
Hash Browns
Celery Sticks
Choice of Fruit
Choice of Milk

23

Cheese or Pepperoni
Pizza
Chef Salad
Chicken Nuggets
Turkey & Cheese Sandwich
Yogurt Craveable

Featured Veggies:
Cherry Tomatoes
Cucumber Slices
Choice of Fruit
Choice of Milk

26

Chicken
Ramen
Chicken Salad
Chicken Nuggets
Italian Hoagie
Breadstick Craveable

Featured Veggies:
Seasoned Broccoli
Cucumber Slices
Choice of Fruit
Choice of Milk

27

Chicken
Quesadilla
Chicken Salad
Hot Dog on a bun
Italian Hoagie
Breadstick Craveable

Featured Veggies:
Black Beans
Corn
Choice of Fruit
Choice of Milk

28

Ravioli with Meat sauce
Garlic Stick
Chicken Salad
Hamburger on a bun
Italian Hoagie
Breadstick Craveable

Featured Veggies:
Chickpea Salad
Carrot Sticks
Choice of Fruit
Choice of Milk

29

Pierogies
Chicken Salad
Chicken Tenders
Italian Hoagie
Breadstick Craveable

Featured Veggies:
Tomatoes
Grilled Onions
Choice of Fruit
Choice of Milk

30

Cheese or Pepperoni
Pizza
Chicken Salad
Chicken patty on a bun
Italian Hoagie
Breadstick Craveable

Featured Veggies:
Green Beans
Baby Carrots
Choice of Fruit
Choice of Milk