

March/April 2025



Franklin Regional Primary Lunch Menu

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas
Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

LEAVE YOUR LUNCHBOX AT HOME!
DAILY ALTERNATES.

Fresh Entree Salad of the Week



Craveable of the Week, which could include:
Nacho with Chips and Salsa, Make your Own Pizza, Yogurt Cheese stick and Crackers, Breadstick Dipper, and more..

Nutritious Friends

Look for our Nutritious Friend of the Month on the menu!!

This Month.....

PREPPY



DAILY OPTIONS

Dinner rolls served Daily

Salad of the Daily

PBJ Craveable Daily

Menu items in Red are weekly choices

Lunch Prices

Paid lunch 2.70

Free and Reduced 0.00

Adult \$5.20

Ala cart items are priced as marked.

Additional meals 5.20

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Menu is subject to change do to product availability

USDA is an equal opportunity provider and employer.

Monday

17



24

Grilled Cheese Sandwich
Chef Salad

Chicken patty on a bun
Turkey & Cheese Sandwich
Breadstick Craveable

Featured Veggies:
Tomato Soup
Red Pepper Strips
Choice of Fruit
Choice of Milk

31

Turkey Bacon Hoagie
Chicken Salad
Chicken Nuggets
Italian Hoagie
Pizza Craveable

Featured Veggies:
Sweet Potatoes
Corn
Choice of Fruit
Choice of Milk

7

Panther Club Hoagie
Ham turkey and cheese
Panther Salad
Hamburger on a bun
Italian Wrap
Nacho Craveable

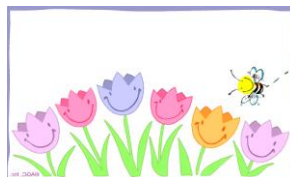
Featured Veggies:
Grape Tomatoes
Tater Tots
Choice of Fruit
Choice of Milk

14

Grilled Italian Sandwich
Chef Salad
Chicken patty on a bun
Turkey & Cheese Sandwich
Yogurt Craveable

Featured Veggies:
Oven Fries
Chick Pea Salad
Choice of Fruit
Choice of Milk

21



Tuesday

18

Beef Soft Taco
Panther Salad
Chicken patty on a bun
Yogurt Craveable
Ham and Cheese Sandwich

Featured Veggies:
Black Beans
Tomato & Onion Salsa
Choice of Fruit
Choice of Milk

25

Nacho Grande Beef
Chef Salad
Hamburger on a bun
Turkey & Cheese Sandwich
Breadstick Craveable

Featured Veggies:
Corn
Caesar Salad
Choice of Fruit
Choice of Milk

1

Chicken Soft Taco
Chicken Salad
Hot Dog on a bun
Italian Hoagie
Pizza Craveable

Featured Veggies:
Black Bean
Baked Plantains
Choice of Fruit
Choice of Milk

8

Slow Roasted Seasoned Pork Taco
Panther Salad
Corn Dog
Italian Wrap
Nacho Craveable

Featured Veggies:
Black Beans
Lettuce & Tomato
Choice of Fruit
Choice of Milk

15

Nacho Grande Beef
Chef Salad
Hamburger on a bun
Turkey & Cheese Sandwich
Yogurt Craveable

Featured Veggies:
Mexicali Corn
Baked Plantains
Choice of Fruit
Choice of Milk

22

Wednesday

19

Chicken and Gravy over Biscuits.
Panther Salad
Chicken Nuggets
Yogurt Craveable
Ham and Cheese Sandwich

Featured Veggies:
Mashed Potatoes
Fresh Cucumber Slices
Choice of Fruit
Choice of Milk

26

General Tso's Chicken over Rice
Chef Salad
Chicken Tenders
Turkey & Cheese Sandwich
Breadstick Craveable

Featured Veggies:
Oriental Vegetables
Green Pepper Strips
Choice of Fruit
Choice of Milk

2

Philly Dog
Chicken Salad
Hamburger on a bun
Italian Hoagie
Pizza Craveable

Featured Veggies:
Seasoned Broccoli
Carrot Sticks
Choice of Fruit
Choice of Milk

9

Chicago Cub Dog
Panther Salad
Chicken Nuggets
Italian Wrap
Nacho Craveable

Featured Veggies:
Cucumber Salad
Seasoned Carrots
Choice of Fruit
Choice of Milk

16

Pittsburgh Pirate's Dog
Chef Salad
Popcorn Chicken
Turkey & Cheese Sandwich
Yogurt Craveable

Featured Veggies:
Italian Mixed Vegetables
Carrots
Choice of Fruit
Choice of Milk

23

Braves Dog
Chicken Salad
Hamburger on a bun
Italian Hoagie
Breadstick Craveable

Featured Veggies:
Mashed potatoes
Carrot Sticks
Choice of Fruit
Choice of Milk

Thursday

20

Italian Grilled Chicken on a Roll
Panther Salad
Corn Dog
Yogurt Craveable
Ham and Cheese Sandwich

Featured Veggies:
Green Beans
Romaine Salad
Choice of Fruit
Choice of Milk

27

Sausage Egg and Cheese on an English Muffin
Chef Salad
Hot Dog on a bun
Turkey & Cheese Sandwich
Breadstick Craveable

Featured Veggies:
Hashbrown
Radish Slaw
Choice of Fruit
Choice of Milk

3

Bacon Cheese Burger on a Bun
Chicken Salad
Popcorn Chicken
Italian Hoagie
Pizza Craveable

Featured Veggies:
Roasted Zucchini
Caesar Side Salad
Choice of Fruit
Choice of Milk

10

Hero Day
Turkey Bacon Cheese
Panther Salad
Chicken patty on a bun
Italian Wrap
Nacho Craveable

Featured Veggies:
Pasta Salad
Baby carrots
Choice of Fruit
Choice of Milk

17



24

Pierogies
Chicken Salad
Chicken Tenders
Italian Hoagie
Breadstick Craveable

Featured Veggies:
Tomatoes
Grilled Onions
Choice of Fruit
Choice of Milk

Friday

21

Cheese or Pepperoni Pizza
Panther Salad
Popcorn Chicken
Yogurt Craveable
Ham and Cheese Sandwich

Featured Veggies:
Grape Tomatoes
Roasted Zucchini
Choice of Fruit
Choice of Milk

28

Cheese or Pepperoni Pizza
Chef Salad
Chicken Nuggets
Turkey & Cheese Sandwich
Breadstick Craveable

Featured Veggies:
Roasted Sweet Potatoes
Oven Roasted Chickpeas
Choice of Fruit
Choice of Milk

4

Cheese or Pepperoni Pizza
Chicken Salad
Chicken patty on a bun
Italian Hoagie
Pizza Craveable

Featured Veggies:
Oven Fries
Carrot
Choice of Fruit
Choice of Milk

11

Cheese or Pepperoni Pizza
Panther Salad
Chicken Tenders
Italian Wrap
Nacho Craveable

Featured Veggies:
Oven Sweet Potato
Greenbeans
Choice of Fruit
Choice of Milk

18



25

Cheese or Pepperoni Pizza
Chicken Salad
Chicken patty on a bun
Italian Hoagie
Breadstick Craveable

Featured Veggies:
Green Beans
Baby Carrots
Choice of Fruit
Choice of Milk