

November/December 2025



Franklin Regional Primary Lunch Menu



What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meal or meal alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, and fat-free chocolate

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

LEAVE YOUR LUNCHBOX AT HOME! DAILY ALTERNATES.

Fresh Entree Salad of the Week



Craveable of the Week, which could include: Nacho with Chips and Salsa, Make your Own Pizza, Yogurt Cheese stick and Crackers, Breadstick Dipper, and more...

Nutritious Friends

Look for our Nutritious Friend of the Month on the menu!!

This Month.....



DAILY OPTIONS

Dinner rolls served Daily
Salad of the Daily
PBJ Craveable Daily

Menu items in Red are weekly choices

Lunch Prices

Paid lunch 2.70

Free and Reduced 0.00

Adult \$5.20

Ala cart items are priced as marked.

Additional meals 5.20

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Menu is subject to change do to product availability

USDA is an equal opportunity provider and employer.

Monday
10



Tuesday
11

Wednesday
12

Chicken and Gravy over Biscuits.
Panther Salad
Chicken Nuggets
Yogurt Craveable
Ham and Cheese Sandwich

Featured Veggies:
Mashed Potatoes
Fresh Cucumber Slices
Choice of Fruit
Choice of Milk

Thursday
13

Italian Grilled Chicken on a Roll
Panther Salad
Corn Dog
Yogurt Craveable
Ham and Cheese Sandwich

Featured Veggies:
Green Beans
Romaine Salad
Choice of Fruit
Choice of Milk

Friday
14

Cheese or Pepperoni Pizza
Panther Salad
Popcorn Chicken
Yogurt Craveable
Ham and Cheese Sandwich

Featured Veggies:
Grape Tomatoes
Roasted Zucchini
Choice of Fruit
Choice of Milk

17

Grilled Cheese Sandwich
Chef Salad
Chicken patty on a bun
Turkey & Cheese Sandwich
Breadstick Craveable

Featured Veggies:
Tomato Soup
Red Pepper Strips
Choice of Fruit
Choice of Milk

18

Nacho Grande Beef
Chef Salad
Hamburger on a bun
Turkey & Cheese Sandwich
Breadstick Craveable

Featured Veggies:
Corn
Caesar Salad
Choice of Fruit
Choice of Milk

19

Seasoned Wings 4 wings
Chef Salad
Turkey & Cheese Sandwich
Breadstick Craveable

Featured Veggies:
Pumpkin Bread
Cherry Tomatoes
Choice of Fruit
Choice of Milk

20

Thanksgiving Meal
Roasted Turkey
Mashed potatoes
Seasoned Bread Stuffing
Glazed Sweet potatoes

Corn
Cranberry sauce
Ice Cream
Choice of milk
Choice of fruit

21

Cheese or Pepperoni Pizza
Chef Salad
Chicken Nuggets
Turkey & Cheese Sandwich
Breadstick Craveable

Featured Veggies:
Roasted Sweet Potatoes
Oven Roasted Chickpeas
Choice of Fruit
Choice of Milk

24

Turkey Bacon Hoagie
Chicken Salad
Chicken Nuggets
Italian Hoagie
Pizza Craveable

Featured Veggies:
Sweet Potatoes
Corn
Choice of Fruit
Choice of Milk

25

Chicken Soft Taco
Chicken Salad
Hot Dog on a bun
Italian Hoagie
Pizza Craveable

Featured Veggies:
Black Bean
Tomatoes Salsa
Choice of Fruit
Choice of Milk

26



Thanksgiving Break
No School

1



2

Slow Roasted Seasoned Pork Taco
Panther Salad
Corn Dog
Italian Wrap
Nacho Craveable

Featured Veggies:
Black Beans
Lettuce & Tomato
Choice of Fruit
Choice of Milk

3

Pasta w/ Meatballs or Pumpkin Alfredo
Panther Salad
Chicken Nuggets
Italian Wrap
Nacho Craveable

Featured Veggies:
Cucumber Salad
Seasoned Carrots
Choice of Fruit
Choice of Milk

4

Fish Sandwich
Panther Salad
Chicken Patty on a bun
Italian Wrap
Nacho Craveable

Featured Veggies:
Oven Fries
Baby Carrots
Choice of Fruit
Choice of Milk

5

Cheese or Pepperoni Pizza
Panther Salad
Chicken Tenders
Italian Wrap
Nacho Craveable

Featured Veggies:
Oven Sweet Potato
Green Beans
Choice of Fruit
Choice of Milk

8

Chicken Drumsticks
Chef Salad
Chicken Patty on a bun
Turkey & Cheese Sandwich
Yogurt Craveable

Featured Veggies:
Oven Fries
Chickpea Salad
Choice of Fruit
Choice of Milk

9

Nacho Grande Beef
Chef Salad
Hamburger on a bun
Turkey & Cheese Sandwich
Yogurt Craveable

Featured Veggies:
Mexican Corn
Brussel Sprouts
Choice of Fruit
Choice of Milk

10

Panther Bowl
Chef Salad
Popcorn Chicken
Turkey & Cheese Sandwich
Yogurt Craveable

Featured Veggies:
Corn
Carrots
Choice of Fruit
Choice of Milk

11



Holiday Dinner
Baked Ham
Mashed Potatoes
Gravy
Sweet Potatoes
Green beans
Choice of Fruit
Choice of Milk

12

Cheese or Pepperoni Pizza
Chef Salad
Chicken Nuggets
Turkey & Cheese Sandwich
Yogurt Craveable

Featured Veggies:
Cherry Tomatoes
Cucumber Slices
Choice of Fruit
Choice of Milk

15

Chicken Ramen
Chicken Salad
Chicken Nuggets
Italian Hoagie
Breadstick Craveable

Featured Veggies:
Seasoned Broccoli
Cucumber Slices
Choice of Fruit
Choice of Milk

16

Chicken Quesadilla
Chicken Salad
Hot Dog on a bun
Italian Hoagie
Breadstick Craveable

Featured Veggies:
Black Beans
Corn
Choice of Fruit
Choice of Milk

17

Ravioli with Meat sauce
Garlic Stick
Chicken Salad
Hamburger on a bun
Italian Hoagie
Breadstick Craveable

Featured Veggies:
Brussel Sprouts
Carrot Sticks
Choice of Fruit
Choice of Milk

18

Pierogies
Chicken Salad
Chicken Tenders
Italian Hoagie
Breadstick Craveable

Featured Veggies:
Tomatoes
Grilled Onions
Choice of Fruit
Choice of Milk

19

Cheese or Pepperoni Pizza
Chicken Salad
Chicken patty on a bun
Italian Hoagie
Breadstick Craveable

Featured Veggies:
Green Beans
Baby Carrots
Choice of Fruit
Choice of Milk