

# April/May/June 2025



## Franklin Regional Primary Lunch Menu

### What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

**Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch**

Meat or meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk - 1% white, and fat-free chocolate

**Weekly Vegetable Subgroups May Include:**  
**Dark green** - spinach, broccoli, romaine and spring salad

**Red/Orange** - carrots, sweet potatoes, tomatoes, red peppers

**Beans/Peas**

**Starchy** - white potatoes, corn, and lima beans

**Other Vegetables:** celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

**Daily Fruit Selection May Include:** oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**LEAVE YOUR LUNCHBOX AT HOME!**  
**DAILY ALTERNATES.**

### Fresh Entree Salad of the Week



Craveable of the Week, which could include: Nacho with Chips and Salsa, Make your Own Pizza, Yogurt Cheese stick and Crackers, Breadstick Dipper, and more...

### Nutritious Friends

Look for our Nutritious Friend of the Month on the menu!!  
This Month.....

### DAILY OPTIONS

Dinner rolls served Daily  
Salad of the Daily  
PBJ Cravable Daily

Menu items in Red are weekly choices

### Lunch Prices

Paid lunch 2.70

Free and Reduced 0.00

Adult \$5.20

All cart items are priced as marked.

Additional meals 5.20

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Menu is subject to change do to product availability

USDA is an equal opportunity provider and employer.

### Monday

**28**

Italian  
Dunkin' w/sauce  
**Panther Salad**  
Hamburger on a bun  
Yogurt Craveable  
**Ham and Cheese Sandwich**  
**Featured Veggies:**  
Chickpeas salad  
Baby Carrots  
Choice of Fruit  
Choice of Milk

**5**

Grilled Cheese Sandwich  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**12**

Artichokes Cream Cheese Flat Bread  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**19**

Panther Club Hoagie  
Ham turkey and cheese  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**26**

Ham and Cheese Crescent Roll  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**2**

Ham and Cheese  
Crescent Roll  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

### Tuesday

**29**

Beef  
Soft Taco  
**Panther Salad**  
Chicken patty on a bun  
Yogurt Craveable  
**Ham and Cheese Sandwich**  
**Featured Veggies:**  
Black Beans  
Tomato & Onion Salsa  
Choice of Fruit  
Choice of Milk

**6**

Nacho Grande  
Beef  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**13**

Chicken  
Soft Taco  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**20**

Slow Roasted Seasoned Pork Taco  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**27**

Nacho Grande  
Beef  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**3**

Chicken  
Quesadilla  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

### Wednesday

**30**

Chicken and Gravy over Biscuits.  
**Panther Salad**  
Chicken Nuggets  
Yogurt Craveable  
**Ham and Cheese Sandwich**  
**Featured Veggies:**  
Mashed Potatoes  
Fresh Cucumber Slices  
Choice of Fruit  
Choice of Milk

**7**

General Tso's Chicken over Rice  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**14**

Pasta w/ Meatballs  
Breadstick  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**21**

Asian Sesame Chicken Over Rice  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**28**

Pasta with meatballs  
Garlic Stick  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**4**

**Cook out menu**  
**Hamburgers**  
**Hotdogs**  
**Pasta Salad**  
**Potato Chips**  
Fresh fruit  
Cookie  
Choice of Fruit  
Choice of Milk

### Thursday

**1**

Italian Grilled Chicken on a Roll  
**Panther Salad**  
Corn Dog  
Yogurt Craveable  
**Ham and Cheese Sandwich**  
**Featured Veggies:**  
Green Beans  
Romaine Salad  
Choice of Fruit  
Choice of Milk

**8**

Sausage Egg and Cheese on an English Muffin  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**15**

Bacon Cheese Burger On a Bun  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**22**

Artichokes Cream Cheese Flat Bread  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**29**

French toast Sticks sausage links  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**5**

Chicken Patty on a Bun  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

### Friday

**2**

Cheese or Pepperoni Pizza  
**Panther Salad**  
Popcorn Chicken  
Yogurt Craveable  
**Ham and Cheese Sandwich**  
**Featured Veggies:**  
Grape Tomatoes  
Roasted Zucchini  
Choice of Fruit  
Choice of Milk

**9**

Cheese or Pepperoni Pizza  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**16**

Cheese or Pepperoni Pizza  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**23**

Cheese or Pepperoni Pizza  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**30**

Cheese or Pepperoni Pizza  
**Choose form a Variety of Fresh**  
**Made entrees**  
**Fresh Fruit, Salads**  
**Sandwiches**  
**and More**  
**A variety of Vegetables**  
**Salads and sides**  
Choice of Fruit  
Choice of Milk

**6**

No Breakfast or lunch  
Early Dismissal