

Liability Waiver

ASSUMPTION OF THE RISK: I am aware that all activities associated with receiving instruction from Christian Correia-Covert including, but not limited to activities involving energy healing, breathwork, sound, exercise, dance, movement, stretching, Pilates, yoga, as well as additional strenuous exercise and/or exertion of strength, and other sustained physical activities which place stress on the cardiovascular and muscular systems, are and can be hazardous activities that include certain risks and dangers, including but not limited to, catastrophic injuries, including paralysis, other serious injury and death. Energy healing, breathwork, and sound may result in physical, mental, and/or emotional discomfort. I VOLUNTARILY ACCEPT FULL RESPONSIBILITY OF ALL RISKS INVOLVED, INCLUDING RISKS FROM PARTICIPATING IN ANY WAY IN THE TRAINING, USE OF EQUIPMENT PROVIDED BY THE TRAINER OR USE OF EQUIPMENT I PROVIDE, WHETHER THE TRAINING OCCURS AT THE STUDIO, MY HOME, OFFICE OR ANY OTHER LOCATION.

WAIVER: In consideration of my participation in the class provided by Christian Correia-Covert I, for myself, my heirs, executors, administrators or assigns, do hereby release, waive, discharge and covenant not to sue Trainer and/or its members, managers, officers, directors, agents, employees, and affiliated entities (Hereinafter referred to as "Releases") from liability, from any and all claims, including the negligence of Christian Correia-Covert resulting in personal injury, accident or illnesses. (Including Death) and property loss arising from, but not limited to, participation in the training and use of facilities, premises or equipment wherever located and by whomever provided. In further consideration for the right to use equipment provided by Christian Correia-Covert or equipment at another location, I acknowledge and agree that Christian Correia-Covert has not inspected the equipment at the Location or the suitability of the area for the training. I expressly release, hold harmless, discharge and indemnify (Including costs and attorney's fees) Christian Correia-Covert and Releases for any loss, injury or damage (Including Death) from any cause, including negligence arising out of any Location, and/or arising out of the use of my equipment or equipment or facilities provided by Christian Correia-Covert.

INDEMNIFICATION AND HOLD HARMLESS: I also agree to INDEMNIFY AND HOLD Christian Correia-Covert and all Releasees harmless of any and all claims, actions, suits, procedures, costs, expenses, duties and liabilities, including attorney's fees brought as a result of my Training with Christian Correia-Covert and to reimburse Christian Correia-Covert for any such expenses incurred.

PHYSICIAN APPROVAL: I have represented to Christian Correia-Covert that I have either a) been given a physician's permission to participate in the Training, or b) voluntarily participate in the class and all risks related to the class without the approval of my physician(s). I represent that I am not aware of any medical or physical condition that would prevent me from participating in the class or from using equipment or facilities which pose a serious health risk to me. I further acknowledge that Christian Correia-Covert has relied on my statements as being accurate and complete, as a condition to entering into this Agreement. I further acknowledge and agree that I am not obligated to participate in any class that I do not wish to participate in. I will inform Christian Correia-Covert immediately if I do not wish to participate in any specific activity in class.

Signature _____

Print: _____

Date: _____