

**NYS Section V Girls Lacrosse
Rochester Board of Women's Lacrosse Officials**

RECOMMENDED PRE - GAME PROTOCOL

Real Time	Clock Time	Activity
5:35 pm	15:00	Team Warm-ups
5:45 pm	05:00	Captains/Coaches Meeting
5:50 pm	00:00	Clear field & perform Stick Checks
5:55 pm	00:00	Lineups Announced / National Anthem
6:00 pm	25:00	Opening Draw

* This Pre-game Protocol is recommended. Communicate with coaches on-site to determine pre-game timing.

* Teams must be allowed 15 minutes for on-field warm-up regardless of arrival time. Real time protocol may be adjusted if lineups and National Anthem are not announced.

* When senior recognition activities are scheduled, they should be conducted at 00:00, before Lineups announced, and be no more than 10 minutes in length. The clock time should still be followed but the real time must be adjusted to account for recognition activities to end in time for Lineups and Anthem to be completed by game time.

Officials meeting with captains and coaches

- Ask captains and coaches to introduce themselves and officials introduce themselves.
- Verify with both Head Coaches that uniforms and equipment are legal.
- Ask coaches if they have any questions and address concisely using rule language.
- Discuss designated field markings and any potential field hazards.
- Instruct coaches they may remain for the rest of meeting or return to their teams.
- Visiting team calls all coin tosses. Winner of toss has option to select initial alternate possession or end to defend. Other team is given the remaining option.
- Agree upon the half time intermission. Half time may not exceed 10 minutes. Half time will be 10 minutes if teams do not agree.
- Inform captains that they may address officials for rule clarifications or concerns at half time or prior to overtime.