

EXECUTIVE COACHING CASE STUDY

Executive Coaching Assignment for an executive at a Technology - Managed Care Provider.



PARTICIPANT CHALLENGES

The Participant came to The CPC Team with the following complaints:

- Lack of ability to understand varying personalities
- Inability to control reactions
- Trouble managing anxiety
- Trouble metering employee expectations

ACTIONS TAKEN BY CPC

The CPC Team implemented a comprehensive program designed to enhance the participants development through a combination of personality testing, leadership style assessments, goal setting, and a structured regimen of coaching.

AFTER WORKING WITH CPC

Executive Coaching helped the participant improve relationships with staff by better reading the team dynamic and improving goal definition. By better understanding the team the participant was able to improve communication, fostering stronger connections and trust. Further It enabled the participant to engage in more constructive and focused conversations with their subordinates, leading to better collaborations with their team.

The Participants confidence in the workplace significantly improved, allowing them to make decisions with conviction. Reduced their anxiety and creating a more positive and effective environment for both them and their team.