



Please submit this form to the office when you have a planned or unplanned absence practice.

NAME: (First Name, Last Name)

(Please print clearly)

TEAM NAME/LEVEL:

REASON:

IF VACATION:

DATE LEAVING: ____/____/____ RETURN TO PRACTICE DATE: ____/____/____

ATHLETES'S SIGNATURE:

PARENT/GUARDIAN'S SIGNATURE:

Evolution All stars will allow up to 3 valid absences from practice. Athletes missing any practice without a valid reason may be benched. There are no absences allowed from any competition. Every team member is expected to attend every competition. Summer practices are not optional; they are mandatory. However, we will approve the request for absences during the months of June-August, if given enough advanced notice. Effective August 15, 2025, through April 30, 2026, all unexcused absences will have a penalty of \$25.00. After the 5th unexcused absence, the fee will be \$50 per absence. Our cheer program is a year-long sport, and we realize vacations and other events are a much-needed break from our rigorous schedule. Once the competition season begins, any athlete that misses one (1) or more practices two (2) weeks prior to any competition, the athlete will be benched and will be required to pay for the competition fee and participate as an alternate on the team.

OFFICE USE ONLY:

RCVD DATE:

RCVD BY:

ATHLETE'S

ABSENCE