

THE REPORTER

GRISWOLD TERRY GLOVER POST 803

FEBRUARY 2021

★★ COMMANDER'S REPORT ★★



Hello Fellow Legionnaires & Friends of the Legion:

HAPPY NEW YEAR!

2021 is off and running with a new President and new challenges facing the Nation with COVID-19 and the economy. We pray for our new administration and hope for quick distribution of the vaccine and successful vaccinations so that our Nation may get back to work and thriving again. Things will be a little slow here at the Post until the pandemic is under control. We look forward to another successful year despite all of these challenges we face. Bob Bitter and



his mother are putting out a Stimulus Challenge Donation Drive. Bob and his mother have both donated \$100.00 each from their stimulus checks and are challenging all of our members to do the same. They motivated me to donate \$100.00 too. so I hope you will take on the challenge and

the same. They motivated me to donate \$100.00 too, so I hope you will take on the challenge and help support the Post. If everyone at the post does this we will raise over \$21,000.00.

BINGO

The goal is to resume Bingo in July if the COVID-19 pandemic is under control and Bingo can be conducted safely for all players. Keep your fingers crossed.

2021 QUEEN OF HEARTS GAME

The Queen of Hearts game is back and running and available to the public. Jan Powers is the chairman and the game consist of 52 shuffled playing cards plus two jokers. Each card is randomly sealed inside an envelope that is numbered from 1 to 54 and displayed in the locked glass class as shown in the picture below. Players write one of these numbers from the unopened envelopes on each of their Queen of Hearts tickets (\$10.00 for 3 tickets). Due to COVID-19 we will conduct a drawing at the Legion bar once per month. Please refer to our annual calendar for exact dates. We will post each drawing in the Reporter too. A ticket will be drawn randomly from a large see through bin and the envelope that corresponds with the number on that ticket will be opened to reveal the card inside. If the Queen of Hearts card is chosen the ticket holder wins 60% of the jackpot for that drawing. If the Queen of Hearts is not chosen, the game continues until the following month and the funds roll over into the next drawing and more tickets will be sold building up the pot. All the official rules will be posted in the Legion

Continued on the next page

★★ CHAPLIN'S REPORT ★★

REST IN PEACE

John D'Amico a US Navy veteran who served from 1958 to 1962 passed on January 2nd at the age of 79. The American Legion Wake Service was conducted at the Coster Heppner Funeral Home in Mattituck on January 6th.

John A. "Jack" Nowaski a US Navy veteran who served in Vietnam passed on January 7th at the age of 75. Jack was a 31 year member of the Suffolk County Police Department. The American Legion Wake Service was conducted at the Horton Mathie Funeral Home in Greenport on January 11th.

On behalf of the American Legion we thank John D'Amico and Jack A. Nowaski for their loyal and dedicated service to their country, their community and their families. They were true American heroes. May their souls rest in peace.

Special thanks to our funeral detail for their dedicated service.

Jeff Chagnon, Post Chaplin

Home: 631.765.6077 Cell: 631.456.3258

"All the darkness in the world cannot extinguish the light of a single candle." - St. Francis Commander's Report Continued

bar and the card display case and tumbler are located in the bar and locked until the drawing.

ALSO! Jan is cooking up a soup or stew every Friday evening for the bar and that is a perfect time to come on down and buy Queen of Heart Tickets!

The February drawing will take place on Friday the 12th. If you want to purchase tickets please contact Jan Powers 914-213-8467 or email GalaxyFCC@gmail.com.

JACKPOT IS NOW UP TO \$1,212

For God and Country, God Bless, Charles J. Sanders, Post 803 Commander www.post803.com gtgpost803@gmail.com Post Number 631.765.2276



★★ HISTORIAN ★★

PRESIDENTS' DAY is a federal holiday celebrated on the third Monday in February; Presidents' Day 2021 will occur on Monday, February 15. Originally established in 1885 in recognition of President George Washington, the holiday became popularly known as Presidents' Day after it was moved as part of 1971's Uniform Monday Holiday Act, an attempt to create more three-day weekends for the nation's workers. While several states still have individual holidays honoring the birthdays of Washington, Abraham Lincoln and other figures, Presidents' Day is now popularly viewed as a day to celebrate all U.S. presidents, past and present.

This information was derived from the following website: https://www.history.com/topics/holidays/presidents-day

★★ MEMBERSHIP ★★

Post Status: We currently have 170/211 (80.6%) paid up members for 2021.

It's time to check your membership ID card and if it has 2021 on top you are paid up for this year. We have 41 members who need to check and see. A few still need to submit for 2020.

Membership Issue: We all get Membership Renewal Notices from the American Legion National Committee. If your Membership Card is for 2020 then it's time to renew your membership for 2021. New Members: Are always welcome.

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SAL Membership: Sons of the American Legion Membership issues are handled through the SAL Commander Gary Iorio Post 803 Membership Requirements: To join Post 803 you need to submit an American Legion Membership application, a copy of your DD-214 or discharge, and \$50 for annual dues. To send in your 2021 dues (\$50) or your New Member Requirements use Post 803, P.O. Box 591, Southold, NY 11971.

Thanks for supporting Post 803.

Bob Cochran, Membership Chairman, 631,765,5828

★★ LEGION AUXILIARY POST 803 ★

FEBRUARY HAS ARRIVED, ALONG WITH THE WINDS OF CHANGE.

As I am writing this during the week of Martin Luther King Jr Day and the Presidential Inauguration, two of Martin Luther King Jr's quotes seem to resonate:

"A riot is the language of the unheard."

"We must learn to live together as brothers or perish together as fools."

Let us keep civility and respect in the forefront as we listen both to friends and to those who disagree with us. Nicole Clapps, American Legion Auxiliary National President, states: "Partisan politics are not part of the American Legion Auxiliary. In honoring our veterans, one of our core values is to demonstrate and pass on respect for our country." She also reminds us that "We are loyal to the United States Constitution and to those who protect it." We pledge at our meetings "To safeguard and transmit to posterity the principles of Justice, Freedom and Democracy." Let these values guide us in the months to come, as we remain "One Nation under God, indivisible, with Liberty and Justice for all." We cancelled our January meeting due to concerns regarding rising numbers of COVID cases. We have no regular meeting in February so let's hope to see each other again in March! I will continue to email updates to our members as needed.

Sadly, last month we lost our beloved longtime member Evelyn McConlogue, mother of our member Agnes Ferro. Evelyn was a special person who had a great love and respect for the American Legion and the American Legion Auxiliary. She joined the Junior Auxiliary as a young girl in 1937, making her membership the longest running in Suffolk County. Evelyn was a past president of our unit and had a good word for everyone. Up until a few years ago she was making reminder calls, when she told us in no uncertain terms about our upcoming meetings! Donna and Joe, Charlotte and I attended her funeral Mass at St. Agnes Church in Greenport on January 11th. It was a beautiful celebration of her life. Mimi joined us at the cemetery and we placed poppies on her grave. Rest in peace, Evelyn, and our thoughts and prayers are with your family.

I will close with the end of the second reading at Evelyn's funeral, from St. Paul's First letter to the Corinthians: "Love never fails."

Joan Cochran, President



★★ DR. CHAT ★★

WELCOME TO THE FEBRUARY 2021 INSTALLMENT OF OUR DR. CHAT TALK.

This month our subject is exercise. In light of the Coronavirus, more people are staying home and either working from home, or many people have lost their jobs, or are students attending classes electronically at least part of the week. This leaves many of us hibernating indoors and its important to do something physical and to refrain from just sitting home watching TV. Its very important to do thirty minutes of some form of exercise three to five times weekly lest we all gain many pounds because we are not as active as are in our daily lives prior to COVID-19.

No matter your age there are many things you can do to remain in good physical condition. People are reporting that most of their meals are prepared at home, which is not only a better option than prepared or processed foods or fast food! This is also a good opportunity for the family to have their meals together and help solidify family life and communication.

Exercise should be done at least three times per week and the goal is to sustain an elevated heart rate for thirty minutes, and it does not have to be strenuous, this can include a brisk thirty minute walk three to five times weekly. Bicycle riding for the same amount of time three to five times weekly is another excellent option. In inclement weather walking on a treadmill indoors is another good option without having to brave the cold and icy/snowy weather. It all boils down to just increasing your heart rate for thirty minutes or more at least three times per week rather than participating in strenuous activity which might lead to injury or burnout! Prior to beginning any exercise regimen you should visit your physician and ask him or her which type of activity is well best suited for you. Then you have to stick with it and be consistent, lest we all become very overweight from inactivity. It is also important to refrain from eating snack foods continually when inactive. It is a good idea for families to exercise together. Like the commercial says "Just do it". This pandemic will eventually end so be safe, wear a mask, wash your hands frequently and practice social distancing! Stay warm!

Jose L. Perez MS PA-C is a retired Surgical Physician Assistant with forty years of Orthopedic practice. He is also the 2nd, Vice Commander of the Griswold Terry Glover American Legion Post 803 Southold, NY.

★★ SONS OF THE LEGION ★★

As the COVID vaccine is distributed we are hopeful that by Spring there will be a return to normalcy. We will rebuild our membership and assist the Legion.

Because of COVID restrictions limited income has come into the Legion budget. The Sons stepped up and put some of our funds toward Legion building operations.

Founded in 1932, Sons of The American Legion exists to honor the service and sacrifice of Legionnaires. S.A.L. members include males of all ages whose parents or grandparents served in the U.S. military and were eligible for American Legion membership. Members of The American Legion, American

Legion Auxiliary and Sons of The American Legion comprise the Legion Family, which has a combined membership of nearly 3 million.

Gary Iorio, SAL Commander





Grill Room • Tap Room
Eclectic American Bistro
Lunch • Dinner • Takeout

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OUR SPONSORS

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Mark G. Heppner and Karen T. Heppner
Owners and Directors

We thank our Veterans for their service, and are proud to salute those currently serving!

CW2 Jeffrey T. Heppner Active Duty, Fort Drum, NY



Chris W. Manfredi

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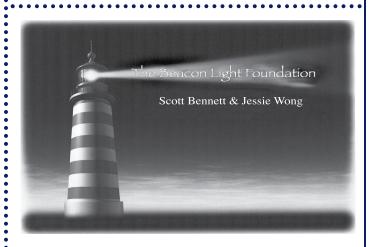
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The Best Compliment is a Referral





Alice and Harold Culver are dedicating this ad for Honor Flight. For more information on Honor Flight please visit their website or call Virginia Bennett at 631-702-2423.



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SOUTHOLD AMERICAN LEGION

Queen of Hearts RAFFLE

You can purchase tickets in person by contacting our Queen of Hearts Chairman Jan Powers at 914.213.8467 or email GalaxyFCC@gmail.com

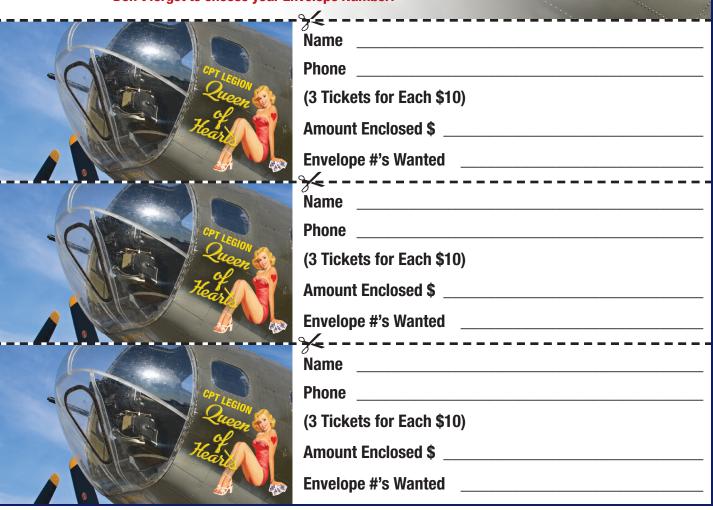
\$10 for 3 Tickets

You can also purchase tickets by cutting out the coupons below and sending them and a check made out to <u>American Legion Post 803 Queen of Hearts Raffle</u> \$10 for 3 tickets or however many you want to purchase.

Send the coupons to Attention: Jan Powers, American Legion Post 803 P.O. Box 591 Southold, NY 11971.

Jan will fill out your tickets and place in the tumbler for you. If you choose this option you will not receive a stub for your tickets.

Don't forget to choose your Envelope Number!



2021 GOALS

- 1. Outdoor Sign Installed
- Fundraising Thermometer Installed
- Main Hall Painted and Hall Ceiling Tiles Painted
- 4. Outside Entrance Painted
- Slate Entrance Steps Repaired or Replaced
- 6. LED Motion Lights with Cameras Installed Outside
- 7. Go-Fund-Me Page Established
- 8. Bilco Door Painted
- 9. Flag Box Painted
- Bar Ceiling Painted and Paneling painted or Removed
- 11. Total of 13 Paid Ads in the Reporter

LONG-TERM GOALS

We will ne installing a fundraiser thermometer in front of the post to raise funds for the Legion to address our Long Term Goals.

- · Replace Bar Roof
- · Replace Main Building Roof
- Renovation of Entire 2nd Floor (excluding the SAL Bar Room).
- · Emergency Exit for 2nd Floor
- Bar Makeover
- Bathroom Renovation Male and female Main Hall (Handicap Accessible)
- Bathroom Renovation 2nd Floor SAL Project.
- Inspect and Possibly Reinforce/Repair
 Foundation if Necessary



631.765.1061 Feather Hill Village 53345 Main Road • Southold, NY 11971 www.satnickjewelers.com



631.765.3625

fax 631.765.1769

in fo@ink spot southold.com

www.inkspotsouthold.com

YOUR AD HERE!

INTERESTED IN ADVERTISING? CALL 631.765.2276

★★ FEBRUARY & MARCH 2021 ★★		
02/09 Tues.	Executive and Business Meeting: Bar 6:30PM • Meeting 7:30PM	
NA	Auxiliary Meeting: No Meeting this Month	
02/12 Fri.	Sons of the Legion Meeting: Bar 6PM • Meeting 6:30PM	
02/12 Fri.	Queen of Hearts Drawing	
03/09 Tues.	Executive and Business Meet Bar 6:30PM • Meeting 7:30Pl	ŭ
03/10 Wed.	Auxiliary Meeting: 7PM	83
03/12 Fri.	Sons of the Legion Meeting: Bar 6PM • Meeting 6:30PM	
03/12 Fri.	Queen of Hearts Drawing	

MADE IN AMERICA

★★LEGION OFFICERS★★

Commander - Charles J. Sanders

1st Vice Commander - Jeff Chagnon

2nd Vice Commander - Jose Perez

Past Commander - Earl Brock

Adjutant - David DeFriest

Finance Officer - Mort Kelly

Finance Assistant - Raymond Terry

Sergeant at Arms - Neil Rochford

Chaplain - Jeff Chagnon

Post Historian - Charles J. Sanders

Membership Chair - Bob Cochran

★★SAL OFFICERS ★★

Commander - Gary Iorio
1st Vice - Rich Feely
2nd Vice - Michael Anasagasti
Adjutant - Jim Best
Treasurer - Jim Best
Sergeant at Arms - Jonathan Bitner
Chaplain - Daniel Kaelin
Historian - Douglas Kalvnas

★★AUXILIARY OFFICERS★★

President - Joan Cochran Vice Pres - Denise Thilberg Treasurer - Margie Brock Recording Sec., - Priscilla Devine

ELECTRONIC SERVICE REQUESTED

Griswold Terry Glover Post 803 The American Legion P.O. Box 591 Southold, NY 11971