When: August 10, 2024

Where: Monks of New Skete, 273 New Skete Lane, Cambridge, NY 12816
The event is free and open to all.
Come for the day or come for the conference.

// orning Routine
 from the
 Christian East;
Ideas and Practices
 for All.

Schedule

8:30 am - Festal Matins -Holy Wisdom Church 9:30 am - Divine Liturgy -Holy Wisdom Church 11:00 am - **Church Tour**, with Brother Gregory 1:00 pm - Tersext -Transfiguration Church

1:30 pm - Conference - Morning Routine from the Christian East; Ideas and Practices for All,

Guest speaker, Patricia Fann Bouteneff
3:00 pm - Gentle Chair Yoga or Meditation Hike
3:45 pm - Meditation - Living in the Presence,
Reverend Masud Ibn Syedullah, TSSF and Brother Theophan,
Monk of New Skete
5:00 pm - Vigil with Healing Service - Holy Wisdom Church

Guest Speaker



Patricia Fann Bouteneff (D.Phil. Oxon.) a former academic and corporate chief of staff, is a strategic communications consultant as well as an independent scholar specializing in folklore and Pontic Greek studies. Her corporate, consulting, and academic work has always maintained a focus on discerning women's voices within folktale repertoires, corporate histories, or religious tradition, and on ampliyfing those voices so that they can be

heard. Baptized as an adult in Thessaloniki at a metochi of Simonopetra Monastery and formerly parish council president at Holy Trinity Church in Yonkers, NY, she has been active in church communities in Greece, England, Switzerland, and the US. She is the President of Axia Women, a network by, for, and about Orthodox women, in the service of Christ.

Guest Presenter



Reverend Masud Ibn Syedullah, TSSF is a member of the Third Order, Society of Saint Francis, a Franciscan religious community within the Episcopal Church and Anglican Communion; an Episcopal priest and Director of Roots & Branches: Programs for Spiritual Growth, creating and leading programs for spiritual formation throughout the United States and abroad; and is a long-time friend of and collaborator with New Skete.

Monastic Presenter



New Skete Brother Theophan entered Monastery as a novice monk in 2023. He was formerly a research Scientist at X: The Moonshot Factory, previously known as Google X, Google's semi-secret research and development facility. Prior to that he was an assistant professor of Psychology and Integrative Neuroscience at Binghamton University (SUNY). His upcoming Dreaming Reality, examines book, through the consciousness complementary perspectives of contemporary neuroscience and the world's great contemplative traditions.

