

Summer 2025



2025 Pilgrimage
Saturday, August 9th

Dear Friend,

**I can do all things through Christ who strengthens me.
Philippians 4:13**

The way we deliver and receive information in our daily life has changed in speed, volume and content the likes of which most of us could have never predicted. **Newsflash: our mind, body and spirit are not built for that.**

Every day, as science evolves, we continue to learn the astounding ways our brain and body function and the countless ways they perform to protect us. In times of real or perceived danger, our mind instructs our body to “fight or (take) flight.” Regardless of the harmful outcome, our body obeys. Our senses are constantly overloaded by random, digital noise that pervades our space or by the calculated delivery of messages to evoke responses of panic, anger, confusion and doubt. **We can’t control this avalanche. We can only control how we respond.**

There is no doubt that among the deluge of misinformation, there are pure messages of joy, hope, kindness and faith. Perhaps they were delivered without the loud flourish and fanfare our senses are unfortunately becoming addicted to. Maybe the facts are simply conveyed and we are so overwhelmed by the surrounding chaos, we missed them? Or maybe our faith is so wearied we can’t let ourselves believe the good. **We can’t sustain this current assault to our mind and body and especially not to our Spirit.**

Sadly, much of the unnecessary data distributed today is resignedly received, weighted and retained equally when ideally it should be sorted and purged from our already burdened mind. **We need to make a change.**

“Accepting change correctly brings us into harmony with reality, and this in turn gives us a certain peace and tranquility, which is what happiness is really about.”

In the Spirit of Happiness

We have choices and can revisit or explore a new path into our spiritual life any time we want. As we practice ways to deepen our connection with God, we can also learn how to process and prioritize what we are exposed to. What from this flood of data serves us in our life, and does it align with our core values and beliefs? **This year's Pilgrimage will address these challenges.**

We invite you to join us for the
2025 New Skete Pilgrimage in Cambridge, New York
Saturday, August 9th

We hope your schedule will allow you to make the journey to join us in this day of community.

We are honored to welcome guest speaker

V. Reverend Geoffrey Ready

Presenting:

How Shall We Then Live? Improvising Faithfully in a Broken World

New Skete is a place of ecumenical understanding, tolerance and wisdom. This hospitality represents a perennial aspect of our vocation as we welcome all who visit. It is one of the many ways we work to bring Christians and those of different faiths together.

We keep you in our thoughts and prayers daily. At this time and throughout the year, we welcome your requests for prayers for friends and family. **As we all strive for enlightenment, patience, courage and grace, please consider a gift in Honor or in Memory of who or what brings you strength, peace and purpose.** Your donation to support the mission of the Monks and Nuns of New Skete would be gratefully received.

The Monks and Nuns, along with members of the New Skete Chapel community and friends of New Skete hope you are able to join us for Pilgrimage 2025 or whenever your schedule will allow a visit.

May God bless you abundantly for your generosity of prayers, kindness, and friendship!

In Christ's love,

Brother Christopher
Prior, Monks of New Skete

Sister Cecelia
Prioress, Nuns of New Skete



Pilgrimage 2025 Current Schedule of the Day

Check newskete.org for updates.

August 09, 2025

9:00 am - Holy Wisdom Church - Matins

10:00 am – Holy Wisdom Church - Divine Liturgy

11:30 am – Lunch is available, donations welcome



1:30 pm – Holy Wisdom Church

Guest Speaker, V. Rev. Geoffrey Ready

How Shall We Then Live?

Improvising Faithfully in a Broken World



3:00 pm – Bell Tower area

Introduction to Folkdance with Brother Brennan

4:00 pm – Classroom

Pysanky Demonstration with Christine Levy

5:00 pm – Holy Wisdom Church

Vespers with Healing Service

The monks' gift shop will be open from 11:30 am until 1:30pm,
and again from 3:00 pm to 5:00 pm.

The nuns' gift shop will be open from 12:30 pm until 4:00 pm.
The Self Serve/ Honor System in the entry to the nuns' monastery is available from 4:00 pm to 8:00 pm.

The hiking trails are open for your use.
Hiking maps are located at the bell tower.