The Health Museum
JOHN P. MCGOVERN MUSEUM OF HEALTH & MEDICAL SCIENCE

March 17, 2026

To Whom it May Concern,

My name is Rose Tylinski, and I was the main point of contact for local filmmaker and executive producer, Linda Gibbs, as the Health Museum organized to *host "The Change: Unleashing the Wild Woman"* documentary feature film and Q&A Expert Panel focused on holistic approaches to women's health and menopause awareness as part of our Healing Arts program's InnerSections series.

Debuted on January 11th, 2026, in our McGovern Theater, I personally witnessed the audience's reception of the film and its health professionals as the event's director. Throughout the screening, the room filled with laughter and audience members recognized themselves in the stories on screen: the surprises, the frustrations, the unexpected changes, and the resilience it takes to navigate a body that feels unfamiliar.

The investment we made in both Linda and her Women's Holistic Wellness mission cannot be understated. Her work embodied our approach of merging art, science, and wellness, to create a dynamic space where individuals of all ages can engage in healing and self-discovery through creative expression. *"The Change: Unleashing the Wild Woman"* is a film we'd recommend any medical institution or academia to host, especially with a Q&A panel to follow. During the Q&A, the energy was unmistakable: guests were engaged, curious, and grateful for a space where women's health could be discussed without shame or dismissal.

This collaboration allowed The Health Museum to spotlight 3 accomplished professionals with deep ties in Houston's community, courtesy of Linda's connections — Dr. Kourtney Sims (MD, FACOG, IFMCP, MSCP, DABOM), Dr. Shelena Lalji (FACOG), and Tammy Karni (MHSA, RDN, LD). In person, they had such strong, positive, and natural connections with each other, and from our latest updates, Linda's roundtable of support for her mission is growing. Audiences of future screenings and their connected communities will benefit enormously from her determination, reach, and vision for a more compassionate and responsible healthcare system for women.

Sincerely yours and with great pleasure,

**Rose Tylinski**
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