

Harlingen Volunteer Opportunities

Overview

When you embrace an attitude of gratitude - the habit of expressing appreciation on a regular basis - not only do you change other's lives, but you also change your own for the better. You can extend your attitude of gratitude by giving to others who are in need or are less fortunate through volunteer activities. By doing so, you bless others, but you also are blessed. You meet new people, you learn new skills, you make a difference, and you enjoy feelings of well-being and reduced stress.

Organizations to Help

Backpacks of Love – This ministry discreetly provides nutritious, child-friendly, easy-to-prepare food for hungry children to take home over the weekend. Provides hundreds of children in Harlingen food each weekend.

Children's Bereavement Center RGV – The Center provides free grief counseling for children in the Rio Grande Valley. Our caring staff and friendly atmosphere allow children and teens to receive the support they need.

Harlingen Food Pantry – The Pantry provides food, clothing, and housewares for low-income people and provides baby supplies to mothers.

Humane Society of Harlingen - The RGV Humane Society is the Rio Grande Valley's **ONLY** no-kill animal shelter, and it is our mission to make the entire region a safer place for pets. You can help by adopting, fostering, volunteering, or donating.

Loaves and Fishes – Loaves and Fishes provides help & hope for the Hungry, the Homeless and the Hurting.

Maggie's House - Maggie's House is named after Maggie Dittman, who died at the age of 2 from baby-shaking syndrome, at the hands of her babysitter. The center's mission is to serve and advocate for child victims of abuse through education, prevention, intervention, and recovery using a multi-disciplinary approach.

Ronald McDonald House - The mission of RMHC-RGV to provide a home-away-from-home for the physical and emotional well-being of families of children receiving treatment in Valley medical facilities.

Sunny Glen - Sunny Glen Children’s Home provides a home for abused and neglected children. They seek to meet the physical, emotional, and most importantly spiritual needs of our children and to provide a safe place of refuge from the difficult and sometimes traumatic world.

The Literacy Center of Harlingen – The Literacy Center of Harlingen is a non-profit organization dedicated to helping adults across Harlingen and surrounding areas reach their full potential by enabling them to acquire the listening, speaking, reading and writing skills (in English) they need to help themselves in their daily lives.

Valley AIDS Council - Valley AIDS Council (VAC) is the primary provider of HIV prevention, education and testing services and the only Ryan White funded agency providing medical care and supportive services for people living with HIV in the 3-county area that stretches from the lower Rio Grande Valley on to the US/Mexico border.

Valley Haven, Inc - When children are removed from their homes because they are victims of abuse they lose more than their parents, grand-parents and family. Often, they lose their home, school, friends, and sometimes even their siblings. Valley Haven is here keep children and their siblings that come into our care safe, cared for and together!

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