

Quiet Promises

The love resolutions that matter most are often the ones we keep quietly.

One quiet promise I want to make about how I love this year is:

This promise matters to me because:

One way I can honor this promise in everyday moments is:

When love feels difficult, this promise will remind me to:

Same heart. New intention.
Karlene Pitters • Books By Karlene • www.jamericandream.com