

BOOKS BY KARLENE · FALLING INTO WHAT'S MEANT FOR YOU · WEEK 2



Right Person, Wrong Time — Can Timing Change Everything?

Free Worksheet + Newsletter + Social Posts · Sunday September 13, 2026



Worksheet



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FREE

Right Person, Wrong Time

A simple reflection sheet — because trust is rebuilt, not rushed 💕

"Timing is not the universe being cruel. Sometimes it is the universe protecting two people from a love neither of them was ready to carry yet." — Karlene Pitters



QUICK REFLECTION

Has love ever entered your life before you were emotionally ready to receive it? What happened?



LET'S CHECK IN

Which of these feels true for you when it comes to trust after betrayal? Check any that apply:



I question my own judgment since being betrayed



I protect myself by keeping people at a distance



I am open to trusting again, carefully and intentionally

☐ I believe real change in someone is possible to recognize

✦ THE CENTRAL QUESTION

✦ FROM MEANT TO BE YOURS ✦

"If the person you once loved returned as a changed person, would you be willing to give that love another chance?"

✦ THIS WEEK'S AFFIRMATION



✦ READ THIS OUT LOUD ✦

"My trust was broken, but it is not gone forever. I can protect my heart and still remain open to love. I choose to trust again on my own timeline." 💕💕