

BOOKS BY KARLENE · LOVE AFTER THE HAPPY ENDING · WEEK 3



Chemistry, Compatibility, and the Choice to Stay

Free Worksheet + Newsletter + Social Posts · Sunday October 18, 2026

 Worksheet

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 FREE

Choosing to Stay

A simple reflection sheet — because chemistry is the spark, not the whole story 

"Chemistry tells you two people are drawn to each other. Compatibility tells you whether they can actually build a life together." — Karlene Pitters

QUICK REFLECTION

Have I ever confused strong chemistry with true compatibility? What happened?

THE FIVE PILLARS

Which of these feels strongest in your closest relationship? Check any that apply:

☐ Shared values

☐ Honest communication

☐ Aligned life goals

☐ Mutual respect

☐ Willingness to repair after conflict

🌟 THIS WEEK'S CHALLENGE

Choose one to practice this week. 💕

- 💕 Write your top five non-negotiable shared values
- 💕 Notice one way you actively "chose" someone you love
- 💕 Reflect on a season of change you navigated together
- 💕 Identify which pillar needs the most attention right now 🌟

🌸 THIS WEEK'S AFFIRMATION



✦ READ THIS OUT LOUD ✦

"I choose love that is built on more than a spark. I am willing to keep choosing the people I love, season after season." 💕



✦ NOW AVAILABLE ✦

*Angelo and Iris had undeniable chemistry — but it took real compatibility to build something lasting. **Meant to Be Yours** is available now!*