

Choosing Love Anyway

Affirmations for Brave, Vulnerable Hearts

- I can feel fear and still choose love.
- My past does not control my future connections.
- I am allowed to move forward slowly and honestly.
- Vulnerability is strength, not weakness.
- I protect my heart without closing it.
- The right love will meet my courage with consistency.
- I deserve a love that feels safe enough to risk.
- I am brave enough to try again.

Love doesn't require fearlessness—only willingness.