

BOOKS BY KARLENE · BECOMING HER · WEEK 4 · SERIES FINALE



Your Next Chapter Starts With One Decision

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 FREE

Your Next Chapter

A simple reflection sheet — because one decision changes everything 

"My favorite heroines never have their whole journey figured out when the story begins. They just make one brave choice — and the rest of the story unfolds from there." — Karlene Pitters

QUICK REFLECTION

What is the one decision you have been putting off — the one you already know could change everything?

FIRST STEP

What is the smallest possible first step you could take this week toward that decision?

THIS WEEK'S CHALLENGE

Choose one to practice this week. 

✦ Name your decision — write it down, out loud, on paper

✦ Take the smallest first step this week

✦ Tell someone you trust about your decision

✦ Celebrate how far you have come this month 🌟

✿ THIS WEEK'S AFFIRMATION



✦ READ THIS OUT LOUD ✦

"I do not need the whole plan — I only need the courage to begin. My next chapter starts with one brave decision, and I am ready to make it." 💕💕



✦ WANT TO GO DEEPER?

The full guided experience is inside **The Complete Love Toolkit** — bundled for just **\$17.99 · Save \$3.00!** Available at stan.store/Ioniel 💕