

Love, Unscripted

A February Reflection Kit on Real Love

This kit explores love beyond performance—centering honesty, consistency, courage, and emotional safety.

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Week 1: What Real Love Looks Like for Me

Define love on your own terms—beyond appearance, comparison, or performance.

Week 2: Love That Lasts

Explore the kind of love built on consistency, emotional safety, and intentional daily choosing.

Love doesn't need a script—only honesty and effort.